

# Shrewsbury High School

Date: January 9-13

<p><b>MONDAY</b></p> <p>Station:1-2 Station:3-4 Station: 6-7 Station:8-9 Grab and Go: Salad Sandwiches:</p>	<p>Papa Gino Pizza w/Crinkle Cut Fries and Orange Wedges "SHS" Mashed Potato Bowl Made to Order Deli (Turkey and Bacon Croissant Special) Made to Order Taco Bar Southwestern Chicken and Assorted Salad Plates Buffalo Chicken and Assorted Sandwich Boxes served w/Fruit</p>	
<p><b>TUESDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go: Salad Sandwiches:</p>	<p>BBQ Pork Sandwich served w/ Spicy Fries Pasta Bar w/ Meat , Marinara or Alfredo Sauce served w/ Wheat Rolls Assorted Premade Sandwiches Made to order Taco Bar Southwestern Chicken and Assorted Salad Plates Buffalo Chicken and Assorted Sandwich Boxes served w/ Fruit</p>	
<p><b>WEDNESDAY</b></p> <p>Station:1-2 Station: 3-4-5 Station:6-7 Station:8-9 Grab and Go: Salad Sandwiches:</p>	<p>Chicken Fajita Bomb served w/ Fries Monti's Pizza w/ Crinkle Cut Fries and Oranges Made to Order Deli (Buffalo Chicken Salad on a Bulkie Roll Special) Made to Order Taco Bar Southwestern Chicken and Assorted Salad Plates Buffalo Chicken and Assorted Sandwich Boxes served w/Fruit</p>	
<p><b>THURSDAY</b></p> <p>Station:1-2 Station:3-4-5 Station: 6-7 Station:8-9 Grab and Go: Salad Sandwiches:</p>	<p>Dominos Pizza served w/ Crinkle Cut Fries and Apples Pho Bar (Asian Soup Bowl) w/ noodles, diced chicken ,peas ,carrots ,onions ,mushroom ,cilantro, basil Assorted Premade Sandwiches Made to Order Taco Bar Southwestern Chicken and Assorted Salad Plates Buffalo Chicken and Assorted Sandwich Boxes served w/ Fruit</p>	
<p><b>FRIDAY</b></p> <p>Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go: Salad Sandwiches:</p>	<p>Grilled Chicken Sandwich served w/ Lettuce, Tomato, Cheese, and Chips Fish and Chips served w/Cole Slaw Made to Order Deli (Italian Sub Special) Made to Order Taco Bar Southwestern Chicken and Assorted Salad Plates Buffalo Chicken and Assorted Sandwich Boxes served w/ Fruit</p>	
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p align="center"><b>MEALS INCLUDE: ASSORTED MILK, FRUIT and VEGETABLE BAR</b> Juices , Vegetables, Grain and Proteins <b>ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE</b> Check our Soup Du Jour Selections <b>SOUP AND SALAD COMBO \$3.75</b></p>	
<p>USDA is an equal opportunity provider and employer.</p>	<p align="center">High School menu posted at <a href="https://schools.shrewsburyma.gov/foodsvc">schools.shrewsburyma.gov/foodsvc</a> Email Comments and Suggestions to: <a href="mailto:mricker@shrewsbury.k12.ma.us">mricker@shrewsbury.k12.ma.us</a> <b>Please call the cafeteria Manager at your school if you have questions about food ingredients or allergens</b> <b><u>Allergens or gluten free choices</u></b></p>	