

Shrewsbury High School

Date: AUGUST 29-SEPTEMBER 2

<p>MONDAY</p>	<p>Opening Program For Teachers</p> <p>No School</p>
<p>TUESDAY</p> <p>Station:1-2-3-4</p> <p>Station:6-7</p> <p>Station: 8-9</p> <p>Grab and Go</p>	<p>“Assorted Sandwich Bar” Chicken or Buffalo Chicken Patty served w/Lettuce, Tomato, Bacon, Cheese and Fries</p> <p>Made to order Deli</p> <p>Made to Order Chicken Caesar Salad served w/ Garlic Knots</p> <p>Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p>WEDNESDAY</p> <p>Station:1-2</p> <p>Station:3-4</p> <p>Station:5-6-7</p> <p>Station:8-9</p> <p>Grab and Go</p>	<p>Monti’s Pizza served w/ Crinkle Cut Fries & Pears</p> <p>“SHS” Mashed Potato Bowl</p> <p>Made to Order Deli</p> <p>Made to Order Chicken Caesar Salad served w/Wheat Rolls</p> <p>Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p>THURSDAY</p> <p>Station:1-2</p> <p>Station:3-4-5</p> <p>Station: 6-7</p> <p>Station:8-9</p> <p>Grab and Go</p>	<p>Papa Gino Pizza served w/ Fries & Apples</p> <p>Burger Bar w/ Lettuce ,Tomato, & Cheese served w/ Fries</p> <p>Assorted Deli Sandwiches served w/ Chips and Pickles & Fruit</p> <p>Made to Order Chicken Caesar Salad served w/ Garlic Knots</p> <p>Chicken Caesar Salad Plates / Assorted Sandwiches w/Fruit</p>
<p>FRIDAY</p> <p>Station:1-2</p> <p>Station:3-4</p> <p>Station:5-6-7</p> <p>Station:8-9</p> <p>Grab and Go</p>	<p>Professional Development</p> <p>No School</p>
<p>Reduced Lunch\$.40</p> <p>Lunch \$3.75</p>	<p>MEALS INCLUDE: Assorted Milks, FRUIT, and VEGETABLEBAR, Juices , Vegetables, Grains and Proteins</p> <p>ALL LUNCHESES MUST INCLUDE A FRUIT OR VEGETABLE</p> <p>Check our Soup Du Jour Selections</p> <p>SOUP AND SALAD COMBO \$3.75</p>
<p>USDA is an equal opportunity provider and employer.</p>	<p>High School menu posted at schools.shrewsbury.ma.gov/foodsvc</p> <p>Email Comments and Suggestions to:</p> <p>mricker@shrewsbury.k12.ma.us</p> <p><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients, allergens or gluten free choices</u></p>