

# LUNCH

## AUGUST / SEPTEMBER 2016

### Shrewsbury Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>8/30</b> * <b>Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries	<b>8/31</b> <b>Popcorn Chicken</b> <b>Grilled Chicken BLT Wrap</b> Mashed Potato Corn Tossed Salad Roll Pears	<b>9/1</b> * <b>Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Spiral Fries Steamed Broccoli Cherry Tomato Basil Salad Peaches	<b>2</b>  <b>No School</b> <b>Professional Day</b>
<b>5</b>  <b>No School</b> <b>Labor Day</b>	<b>6</b> * <b>Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Tossed Salad Mixed Fruit	<b>7</b> <b>Chicken Nuggets</b> <b>Chicken Caesar or *Caesar Salad Bowl</b> Mashed Potato Corn Garlic Knot Raisins	<b>8</b> * <b>Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Sweet Potato Fries Cherry Basil Tomato Salad Strawberries	<b>9</b> * <b>Mozzarella Sticks/Marinara Sauce</b> <b>Assorted Sandwiches / Baked Chips</b> Macaroni Salad Broccoli Roll Pears
<b>12</b>  <b>Fenway Frank</b> <b>Grilled Chicken Wrap</b> Baked Fries Baked Beans Mixed Fruit Italian Ice	<b>13</b> * <b>Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries	<b>14</b> <b>Popcorn Chicken</b> <b>Hamburger/*Garden Burger</b> Mashed Potato Corn Tossed Salad Roll Pears	<b>15</b> * <b>Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Spiral Fries Broccoli Cherry Tomato Basil Salad Peaches	<b>16</b> <b>Pasta with Meat or *Marinara Sauce</b> <b>Chicken Patty on a Roll / Baked Chips</b> Steamed Carrots Caesar Salad Blueberries Garlic Knot Roll
<b>19</b>  <b>Burger and Toppings</b> <b>*Cheese Quesadilla</b> Baked Fries Broccoli Apple Slices Chocolate Chip Cookie	<b>20</b> * <b>Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Steamed Broccoli Caesar Salad Strawberries	<b>21</b> <b>Baked Chicken</b> <b>Grilled Chicken BLT Croissant</b> Oven Roast Parmesan Ranch Spuds Corn WG Roll Mixed Fruit	<b>22</b> * <b>Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Fries Steamed Carrots Tossed Salad Peaches	<b>23</b> <b>Chicken Nuggets</b> <b>Assorted Sandwiches / Baked Chips</b> Mashed Potato Corn Hummus and Syrian Bread Pears

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<p><b>26</b>  <b>Chicken Parmesan over Pasta</b>  <b>Assorted Sandwiches / Baked Chips</b>            Celery Sticks and Ranch Dip            Green Beans            Garlic Knot            Apple Sauce</p>	<p><b>27</b>  <b>* Monti's Pizza</b>  <b>Assorted Sandwiches</b>            Baked Fries            Green Beans            Tossed Salad            Mixed Fruit</p>	<p><b>28</b>  <b>Popcorn Chicken</b>  <b>Hamburger/*Garden Burger</b>            Mashed Potato            Corn            Tossed Salad            Roll            Pears</p>	<p><b>29</b>  <b>* Papa Gino Pizza</b>  <b>Chef's Choice</b>            Baked Sweet Potato Fries            Cherry Tomato Basil Salad            Peaches</p>	<p><b>30</b>  <b>Taco Salad Bowl (Chicken or Beef or* Bean)</b>  <b>Assorted Sandwiches / Baked Chips</b>            Celery Sticks and Hummus            Apple</p>
<p><b>Lunch \$3.50</b>  <b>Reduced Lunch\$.40</b>  <b>Milk/Bottled Water/Juice \$.65</b>  <b>Cookie \$.65</b>  <b>Snacks \$1.00</b>  <b>Check - <u>What's on the Menu</u> for monthly promos</b></p>		<p>Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.</p>		<p><b>All Lunches include Milk, Juice and Fruit and Vegetable Bar</b></p>

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