

# Shrewsbury High School

Date: SEPTEMBER 19-23

<p><b>MONDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza w/ Crinkle Cut Fries and Oranges Wedges "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Taco Salad Bar Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>TUESDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Chicken Patty Sandwich served w/Lettuce, Tomato, Chips and Apples Chicken Parmesan over Pasta served w/Wheat Rolls Premade Deli Sandwiches Made to Order Taco Salad Bar Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>WEDNESDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Monti's Pizza served w/ Crinkle Cut Fries and Pears "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Taco Salad Bar Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>THURSDAY</b></p> <p>Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza served w/ Fries and Apples Hot Pocket Bar w/ Buffalo, Grilled Mark or Crispy Chicken served w/Fries, Lettuce, Tomato and Ranch Dressing Premade Deli Sandwiches served w/ Potato Salad Made to Order Taco Salad Bar Chicken Caesar Salad Plates / Assorted Sandwiches w/Fruit</p>
<p><b>FRIDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Grilled Chicken Sandwich served w/ Lettuce, Tomato and Cheese w/ Chips Burger Bar w/Lettuce, Tomato and Cheese served w/ Fries Roast Beef Sandwich w/Herb Spread and Potato Salad Made to Order Taco Salad Bar Assorted Salad Plates / Assorted Sandwiches w/Fruit</p>
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p><b>MEALS INCLUDE: ASSORTED MILKS, FRUIT and VEGETABLE BAR</b> <b>Juices , VEGETABLE ,FRUIT,GRAIN and PROTEINS</b> <b>ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE</b> <b>Check our Soup Du Jour Selections</b> <b>Soup and Salad Bar Combo \$3.75</b></p>
<p>USDA is an equal opportunity provider and employer.</p>	<p><b>High School menu posted at <a href="http://schools.shrewsburyma.gov/foodsvc">schools.shrewsburyma.gov/foodsvc</a></b> <b>Email Comments and Suggestions to:</b> <b><a href="mailto:mricker@shrewsbury.k12.ma.us">mricker@shrewsbury.k12.ma.us</a></b> <b><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u></b> <b><u>Allergens or gluten free choices</u></b></p>

