

# Shrewsbury High School

Date: NOVEMBER 30-DECEMBER 4

<p><b>MONDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza w/ Crinkle Cut Fries &amp; Oranges Baked Potato Bar w/Toppings Chili ,Cheese, Bacon, Broccoli, Sour Cream &amp; Butter Made to order Deli Made to Order Chicken Caesar Salad served w/Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>TUESDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Chicken Patty Sandwich served w/Lettuce &amp; Tomatoes &amp;Chips and Apples Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls Made to order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>WEDNESDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p><b>Monti's Pizza</b> served w/ Crinkle Cut Fries &amp; Pears "SHS" Mashed Potato Bowl Roast Beef Sandwich w/Herb Spread &amp; Potato Salad Made to Order Chicken Caesar Salad served w/Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p><b>THURSDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Dominos Pizza served w/ Fries &amp; Apples Burger Bar w/ Lettuce ,Tomato, &amp; Cheese served w/ Fries Toasted Turkey &amp; Cheese on a Whole Wheat Croissant served w/ Potato Salad Made to Order Chicken Caesar Salad served w/Garlic Knots Chicken Caesar Salad Plates/ Assorted Sandwiches w/Fruit</p>
<p><b>FRIDAY</b></p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Buffalo Chicken Patty served w/ Spicy Fries &amp; Celery Sticks w/Blue Cheese Dressing Fish &amp; Chips served w Spicy Fries &amp; Cole Slaw Made to order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Assorted Salad Plates Assorted Sandwiches w/Fruit</p>
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p><b>MEALS INCLUDE: ASSORTED MILKS, FRUIT and VEGETABLE BAR</b> <b>Juices , VEGETABLE ,FRUIT,GRAIN and PROTEINS</b> <b>ALL LUNCHESES MUST INCLUDE A FRUIT OR VEGETABLE</b> <b>Check our Soup Du Jour Selections</b> <b>Soup and Salad Bar Comb \$3.75</b></p>
<p>USDA is an equal opportunity provider and employer.</p>	<p><b>High School menu posted at <a href="http://schools.shrewsbury.ma.gov/foodsvc">schools.shrewsbury.ma.gov/foodsvc</a></b> <b>Email Comments and Suggestions to:</b> <b><a href="mailto:mricker@shrewsbury.k12.ma.us">mricker@shrewsbury.k12.ma.us</a></b> <b><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u></b> <b><u>Allergens or gluten free choices</u></b></p>

