

# LUNCH

## DECEMBER 2016

### Shrewsbury Middle School

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
|   |   |   | <b>1</b><br><b>* Papa Gino Pizza</b><br><b>Chef's Choice</b><br>Baked Spiral Fries<br>Steamed Broccoli<br>Cherry Tomato Salad<br>Peaches | <b>2</b><br><b>*Mozzarella Sticks/Marinara Sauce</b><br><b>Assorted Sandwiches / Baked Chips</b><br>Macaroni Salad<br>Carrot Sticks<br>Roll<br>Blueberries                |
| <b>5</b><br><b>Chicken Broccoli Alfredo</b><br><b>*Breakfast Bag</b><br>Tossed Salad<br>Garlic stick<br>Peaches                          | <b>6</b><br><b>1/2 Day</b><br><b>Breakfast Available</b><br><b>No Lunch</b>   | <b>7</b><br><b>Chicken Teriyaki Rice Bowl</b><br><b>Chicken Caesar or *Caesar Salad Bowl</b><br>Stir Fried Vegetables<br>Roll<br>Pineapple Chunks | <b>8</b><br><b>* Papa Gino Pizza</b><br><b>Chef's Choice</b><br>Baked Sweet Potato Fries<br>Broccoli<br>Strawberries                     | <b>9</b><br><b>Taco Bowl</b><br><b>Assorted Sandwiches / Baked Chips</b><br>Macaroni Salad<br>Refried Beans<br>Pears  |
| <b>12</b><br><b>Chicken Patty on a Roll</b><br><b>Fenway Frank</b><br>Fries<br>Baked Beans<br>Mixed Fruit                                | <b>13</b><br><b>* Monti's Pizza</b><br><b>Assorted Sandwiches</b><br>Baked Fries<br>Green Beans<br>Caesar Salad<br>Strawberries | <b>14</b><br><b>Popcorn Chicken</b><br><b>Hamburger/*Garden Burger</b><br>Mashed Potato<br>Corn<br>Tossed Salad<br>Roll<br>Pears                  | <b>15</b><br><b>* Papa Gino Pizza</b><br><b>Chef's Choice</b><br>Baked Spiral Fries<br>Broccoli<br>Cherry Tomato Basil Salad<br>Peaches  | <b>16</b><br><b>Pasta with Meat or *Marinara Sauce</b><br><b>Grilled Chicken Wrap / Baked Chips</b><br>Steamed Carrots<br>Caesar Salad<br>Blueberries<br>Garlic Knot Roll |
| <b>19</b><br><b>Burger and Toppings</b><br><b>*Cheese Quesadilla</b><br>Baked Fries<br>Broccoli<br>Apple Slices<br>Chocolate Chip Cookie | <b>20</b><br><b>* Monti's Pizza</b><br><b>Assorted Sandwiches</b><br>Baked Fries<br>Green Beans<br>Caesar Salad<br>Strawberries | <b>21</b><br><b>Roast Turkey Dinner</b><br><b>Grilled Cheese</b><br>Mashed Potato<br>Peas<br>Gravy<br>WG Roll<br>Mixed Fruit                      | <b>22</b><br><b>* Papa Gino Pizza</b><br><b>Chef's Choice</b><br>Baked Fries<br>Steamed Carrots<br>Tossed Salad<br>Peaches               | <b>23</b><br><b>Chicken Nuggets</b><br><b>Assorted Sandwiches / Baked Chips</b><br>Oven Roast Parmesan Ranch Spuds<br>Corn<br>Hummus and Syrian Bread<br>Pears            |

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# December Vacation

Lunch \$3.50  
Reduced Lunch\$.40  
Milk/Bottled Water/Juice \$.65  
Cookie \$.65  
Snacks \$1.00  
Check - What's on the Menu for monthly promos

Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.

**All Lunches include  
Milk, Juice and Fruit  
and Vegetable Bar**

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