

Floral Street Elementary School

57 Floral Street, Shrewsbury, MA 01545

(508) 841-8720 Fax: (508) 841-8721

www.shrewsbury-ma.gov/schools/floral

Lisa A. McCubrey
Principal

Tiffany M. Ostrander
Assistant Principal



FALCON FLYER

March 13, 2016

<http://schools.shrewsbury-ma.gov/floral/>

lmccubrey@shrewsbury.k12.ma.us

tostrander@shrewsbury.k12.ma.us

Dear Floral Families,

Have you ever heard your child talking at home about where they are on their thermometers? No need to worry that they're feeling feverish...it's likely they're describing their level of focus, energy, or emotions. Students are learning to gauge where they are on their internal thermometers (on a scale of 1-5) so they can determine if they need to use a strategy to calm down, re-focus, or even re-energize. Students know that when they are feeling at a 3, they need to use a strategy to get their emotions, focus, or energy levels back on track (i.e. at a 1 or 2 on their thermometer). Depending on how they're feeling in that moment, students will choose a strategy that is a good fit- the strategy could be physical (such as wall push ups or taking deep breaths), or the strategy could be cognitive (such as using self-talk to shift their thinking so they can get back on track in math or to keep a positive mindset during a test).

During our School Meeting this past Friday with third and fourth grade students, students used a physical strategy to re-

energize after sitting on the floor for a pretty long period of time and appearing to get a little out of focus (i.e. they were at a 3 on their thermometers). What did they do? With guidance from fourth grade teacher Mrs. Spangenberg, all 400 students stood up and went into a “mountain” yoga pose, coupled with some deep breaths. Within 30 seconds, all students and adults were seated back on the floor or bleachers, focused and ready to transition to a gigantic read-to-self time in the gym. That’s just one example of how students and teachers use the thermometer and strategies together as a tool for self-regulation. Ask your child about the strategies he or she uses at school when they feel themselves at a “3” on their thermometers. Better yet, tell them about the strategies *you* use when you need to re-focus, calm down, or re-energize. We’re always adding to our bank of self-regulation strategies!

Have a wonderful week.

~Lisa & Tiffany

In this Issue:

- Field Day Dates – June 2016
- From the PTO – Supporting Shrewsbury Schools Music Association
- Absentee Reminder
- March Grade 1 Book Club
- Notes from Previous Falcon Flyers
 - From the PTO – Literacy Night on April 8th – Books Needed
 - Film Screening – Most Likely to Succeed
 - From the PTO – New Session of Young Rembrandts Starting March 29th

From the PTO – STEM is Fun for Kids at Floral Street
School – Spring Session | Grades 1 to 4
From the Food Services Department- Unused Tickets

- Important Dates & Contact Info

Field Day Dates – June 2016

Mark your calendars – this year's Field Day dates have been released! We hope you consider volunteering your time to run a game/event during your child's field day. More details about ways to join in the fun will be coming soon. Until then, here are the dates:

Grade 1: Tuesday, June 7 (Rain Date: June 14)

Grade 2: Thursday, June 9 (Rain Date: June 16)

Grade 3: Friday, June 10 (Rain Date: June 17)

Grade 4: Wednesday, June 8 (Rain Date: June 15)

From the PTO – Supporting Shrewsbury Schools Music Association

Please consider helping the Floral Street School PTO in our efforts to have a beautiful gift basket to be raffled off at the upcoming Shrewsbury Schools Music Association Fundraiser Event at the SAC Park on April 1st. Last year Floral benefitted by having new risers purchased as well as a new keyboard for our music teacher, Ms. DeBlois. We all know how important it is to keep the "Arts" in our schools. We are looking for concert tickets/theater tickets as well as gift cards to several local restaurants. If time is too crazy consider making a monetary donation and we will do the shopping! Please send all donations into Floral marked PTO/SAC Park Event Many thanks!!!

Absentee Reminder

If your child will be out of school due to illness or a scheduled appointment please be in touch with the front office by calling the main line: 508-841-8720. If you are calling outside of school hours, you can leave a message with the date and reason for your child's absence. If it is your practice to email classroom teachers directly with notification of an absence, please know that it is still necessary to call the main office.

March Grade 1 Book Club

The Shrewsbury Public Library is offering an after school book club for first graders on **Thursday, March 31st** from 3:30-4:30pm in the Floral Media Center. This month, students will listen to the book *I'm Trying to Love Spiders*, participate in activities relating to the book, and have water and a spider themed snack consisting of bananas, pretzels, and raisins. Please click on this link for more information and to register your child.

<https://docs.google.com/a/shrewsbury.k12.ma.us/forms/d/1hmTfaRyBF6VFAtsov0B6YZ7fgBETuyRIQ4Xmh84rebU/viewform>

Notes from Previous Falcon Flyers:

rom the PTO – Literacy Night on April 8th – Books Needed

Friday, April 8th is Literacy Night! A favorite part of the evening is the Book Swap, where students are encouraged to take a gently-used book home for free. To make this happen, we are in need of gently-used children's book targeted for readers in grades 1-5. We will be collecting the books from February 29th to March 25th. Boxes will be available in the foyer of the school to drop off the books. Thank you for your support!

Film Screening – Most Likely to Succeed

Just before February vacation, Dr. Sawyer sent an invitation to

our school community to attend a screening of the film, *Most Likely To Succeed*. This film is being shown at 6:30pm on Wednesday, March 16 at Shrewsbury High School. You are encouraged to attend this screening and be part of an important discussion about what Shrewsbury might need to do differently to help our students adapt to what the world will demand of them in the future.

The film chronicles an alternative vision of American education implemented at High Tech High in San Diego. There, student work is largely project-based and collaborative, much like today's workplaces, with students focused on solving real life problems by experimenting, failing and trying again.

After the screening, there will be a discussion between the audience and a panel of experts representing business, higher education and our own school district. Please attend the screening and add your voice to the discussion. For more information about this event, please go to <http://schools.shrewsburyma.gov/future/index.cfm>.

From the PTO – New Session of Young Rembrandts Starting March 29th

The last Young Rembrandts session of the school year is scheduled to begin March 29. Class will meet for 6 weeks between March 29 - May 24. Springtime means CARTOONING at Young Rembrandts...it's the time of year where we switch up the curriculum a little bit. Cartooning is fast paced and fun.... Students draw multiple pictures each week, developing their visual story telling skills as they draw sequential images and jokes. Kids love these hilarious drawings, focusing more on movement and action than on the details. Students will learn the essential skills they need to create their own exciting cartoon characters with expressive faces and dynamic poses. Classes fill quickly-- be sure to sign up early to assure your spot. Registration is open online at www.youngrembrandts.com, or bring the registration form (bottom of the attached flyer) to the

school office with payment. Call the Young Rembrandts directly with any questions: [\(508\)393-8033](tel:5083938033).

From the PTO – STEM is Fun for Kids at Floral Street School – Spring Session | Grades 1 to 4

Through hands-on activities and STEM challenges, children will think, construct, experiment, discover, and develop the desire to learn more. The children will explore the use of different learning tools that enable and emphasize STEM learning. Every class, we learn something new and experience a different kind of fun. After all, learning is BEST when kids are having FUN! STEM is FUN!

Schedule: Classes will be held every Tuesday from Mar 29th to May 24th

No class on Apr 5th, 19th, and May 3rd.
3:30 – 4:30 PM

Cost: \$85

Please see the attached flyer for details and the link to register.

From the Food Services Department- Unused Tickets

Any unused Reduced and Full Price Elementary School Tickets can be credited at face value to your child's account. Please send your tickets to : Food Service Department, 64 Holden Street, Shrewsbury, Ma. 01545. Include a note with the tickets as to whose account you want credited. Tickets can not be credited by the cashiers. Tickets can only be credited at the Food Service Office. All tickets can be used at the schools until they run out if you choose not to add to your child's account. Additionally cash can be used for all transactions. Questions? Call Beth Nichols, Food Service Director, at 508-841-8819 or email at bnichols@shrewsbury.k12.ma.us

The Elementary Lunch Menu can be found at any time at:

<http://schools.shrewsbury-ma.gov/foodsvc/elementarylunchmenu.cfm>

Important Upcoming Dates:

***New dates added this week appear in bold print**

March 15	School Council Meeting
March 23	Grade 1 Field Trip to Boston Children's Museum / Plourde & McGrail Classes
March 24	Grade 1 Field Trip to Boston Children's Museum/ Harrington & Frankian Classes
March 25	Grade 1 Field Trip to Boston Children's Museum/ Grossman Class
March 31	1st Grade After School Book Club / 3:30-4:30
April 1	School Meeting / Grades 3 & 4
April 4	Trimester 2 report Cards Sent Home
April 5	Early Release Day for Students (dismissal begins at 12:15pm) / Professional

Development for
Staff in the PM

April 8	School Meeting / Grades 1 & 2
April 8	Third Grade Field Trip to Plimoth Plantation
April 8	Literacy Night at Floral Street School!
April 12	4 th Grade Gymnastics Show for Parents / 1:30pm
April 18-22	April Vacation / No School
April 26-28	PARCC Assessment / Grade 3 English Language Arts

PARCC Assessment Dates

April 26, 27, 28 (3 sessions) 📅 Grade 3 English Language Arts

May 2, 4, 5 (3 sessions) 📅 Grade 4 English Language Arts

May 9-12 (4 sessions) 📅 Grade 3 Math

May 16-19 (4 sessions) 📅 Grade 4 Math

Important Contact Information:

Office (508) 841-8720

Nurses, Phone (508) 841-8729

Nurses, FAX (508) 841-1545

Extended Day (508) 841-8743

AA Transportation (508) 753-6322 (Please call the school
first with bus-related issues)

The full district school calendar is available on the district homepage at: <http://schools.shrewsbury-ma.gov/>

[STEM is Fun for Kids Spring 2016 Session at Floral Street School for ListServ 03042016.pdf](#)

[YoungRembrandts March-May2016 copy.pdf](#)