

# **Community Bulletin**

**January 29th, 2024** 

## Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

#### **School District Items**

- 1. Please Note Cafeteria Help Wanted (New)
- 2. Please Note Friday Lunch and Learn Sessions for Shrewsbury High School Students (New)
- 3. Please Note February Vacation Enrichment Classes
- 4. Please Note News from the Shrewsbury Public Schools Art Department
- 5. Please Note SAT Prep Course
- 6. Please Note Families Needed for Culture Night, February 9th
- 7. Save the Date Career Fair for Shrewsbury High School Students, February 6th
- 8. Please Note Judges Needed for SHS Annual Science Fair, February 12th
- 9. Please Note Federation for Children with Special Needs Workshop, February 1st

#### **Community Items**

- 1. Please Note Town of Shrewsbury Community Forum, February 1st (New)
- 2. Please Note KPMG Scholarship Opportunity (New)
- 3. Please Note Shrewsbury Public Library Events
- 4. Please Note Shrewsbury Public Library Events for Tweens & Teens
- 5. Please Note Friends of the Shrewsbury Public Library Foreign Film Festival
- 6. Please Note Shrewsbury Parks & Recreation Programs
- 7. Please Note Shrewsbury Historical Society Events
- 8. Save the Date Boy Scout Troop 227 Camping Event, February 17th
- 9. Please Note Shrewsbury Youth and Family Services Parent Support Group
- 10. Save the Date Shrewsbury Town Meeting Member Interest Forum, February 8th
- 11. Save the Date 2024 Chinese New Year Celebration, February 4th
- 12. Please Note Tufts Vet School April Vacation and Summer Programs

# **Youth Athletics and Activities**

- 1. Please Note Take Charge Hoops Basketball Clinic
- 2. Please Note Shrewsbury Little League Baseball and Softball
- 3. Please Note Shrewsbury Little League Girls Softball Winter All-Skills Clinic

# **School District Items**

### 1. Please Note – Cafeteria Help Wanted (New)

The Shrewsbury Food Service is looking for part-time employees, full-time employees, and substitutes to work in the school cafeterias. Days and hours are flexible. Duties include: prepping food, setting up serving lines, serving students and breakdown and clean-up. Lunch and refreshments are provided. Please <u>click here</u> to obtain an employment application.

Please forward this application to the Food Service Department C/O Shrewsbury High School, 75 Cypress Avenue, Shrewsbury MA 01545 or email to <a href="https://hdo.com/hdoyle@shrewsbury.k12.ma.us">hdoyle@shrewsbury.k12.ma.us</a>. If you have any questions, please call Heidi Doyle at (508) 841-8855.

# 2. Please Note – Friday Lunch and Learn Sessions for Shrewsbury High School Students (New)

Do you have a student interested in learning more about being a Criminal Defense Attorney or having a career in Law?

This week, on February 2nd, the SHS Lunch and Learn guest speaker is Ms. Lisa Steele. Ms. Steele is a criminal defense attorney representing indigent defendants on appeals of their convictions in Massachusetts and in Connecticut. She represents people who have no money, have been convicted of serious crimes, and are fighting to show that they are not guilty. She presents serious constitutional issues -- search and seizure, right to counsel, due process, and so on to the highest courts in two states, with a chance of making decisions that affect every defendant's rights. She is happy to talk about the criminal justice system from the defendant's point of view, and about how young voters can get involved with local, county, state, and federal elections that affect that system. Registration is required and students can register here.

Are you interested in being one of our guest speakers? An overview of the Lunch and Learn program can be found <a href="mailto:here">here</a>, and the schedule of future speakers with open time slots for March and April can be found <a href="mailto:here">here</a>. Contact <a href="mailto:kkeohane@shrewsbury.k12.ma.us">kkeohane@shrewsbury.k12.ma.us</a> if you are interested.

# 3. Please Note - February Vacation Enrichment Classes

Shrewsbury Public Schools is pleased to be offering enrichment classes for students in grades K-6 during February vacation. These classes are open to the community. Registration is now open.

### **Program Information**

Dates: Tuesday, February 20th - Friday, February 23rd

Location: Beal School

Morning Class: 8:30-11:30 - \$100week Afternoon Class: 12:00-3:00 - \$100/week Early Drop-Off: 7:00-8:15 - \$40week Extended Hours: 3:00-6:00 - \$85/week

Families who qualify for free or reduced meals are eligible for a 50% discount.

View program details and register for classes <u>here</u>.

Each class runs Tuesday-Friday, so students may select one class for the morning session and/or one class for the afternoon session. Students who wish to enroll in both AM and PM classes can bring lunch from home and will be supervised in the cafeteria from 11:30-12:00.

Preview the catalog <a href="here">here</a>. If you have any questions about the program, please contact Karen Isaacson, Director of Extended Learning, at (508) 841-8727 or <a href="here">kisaacson@shrewsbury.k12.ma.us</a>.

#### 4. Please Note – News from the Shrewsbury Public Schools Art Department

The Visual Arts Department at Shrewsbury High School welcomes you to view the <u>2024 Winter Art Exhibit (Virtual)</u> from students in semester one art classes. There will be an in-person art exhibition on May 16th at SHS to highlight semester two students...save the date!

During the month of February, SHS students in semester one will have their artwork on exhibit at the Shrewsbury Credit Union. A reception will be held on Thursday, February 15th from 4:30-5:30pm at Shrewsbury Federal Credit Union (489 Boston Tpke). The exhibit will run during business hours through February 29th.

On February 8th, a selection of art from students at Sherwood and Oak Middle (Cycles 1-3) schools will be on exhibit outside the auditorium at OMS. Viewing times are from 4:30pm-6:30pm. There will be a virtual art show in the spring to highlight students in Cycles 4-6.

#### 5. Please Note – SAT Prep Course

The SHS Spring SAT Prep Course will be offered once again through Shrewsbury High School. The course will begin the week of February 12th and run through the week of April 1st. Participants may choose between Monday or Wednesday evening classes. Classes will meet remotely from 5:30pm to 7:40pm for a total of seven night sessions. Test taking strategies will be emphasized in this class and will focus on the new digital SAT. Class size will be kept small, allowing for a great deal of individual attention. Enrollment is strictly on a first-come first-served basis; the course is open to juniors and seniors. Students will also take two full-length SAT exams, which provides reinforcement for skills taught during the course and test-taking experience. The cost of the program is \$270 for Shrewsbury residents and \$300 for non-Shrewsbury residents. This class will run only if there is sufficient demand. Additional information and registration forms are located at SHS in Mrs. Monopoli's office on the third floor, the School Counseling office, or can be downloaded from the SHS School Counseling webpage (under "College Related Testing" on the SHS website). Please contact Jen Lundsten if you have any questions at jalundsten@shrewsbury.k12.ma.us or 508-841-8810.

# 6. Please Note - Families Needed for Culture Night, February 9th

Sherwood Middle School Families: Join us for Culture Night at Sherwood Middle School on Friday, February 9th, from 6 to 8 pm! Sherwood Middle School is inviting their families to participate in this special event. We're looking for individuals who are eager to showcase their culture through various means such as food, entertainment, music, dance, games, and more. Tables will be available for participants to set up their displays. If you're interested in presenting and bringing elements like food, traditional dress, music, books, games, or stories to share with others, please register <a href="here">here</a>. Let's come together to celebrate the diverse cultures within the Sherwood community. Thank you for your participation!

#### 7. Save the Date - Career Fair for Shrewsbury High School Students, February 6th

Sophomores, Juniors and Seniors are invited to the SHS Career Fair during the Early Release day on February 6th. Students can register through Schoology or contact their Counselor. See this flier for a listing of the 32 different careers, businesses and people who have registered to present.

#### 8. Please Note - Judges Needed for SHS Annual Science Fair, February 12th

Forty projects are scheduled to be presented in-person on Monday, February 12 in the Shrewsbury High School Media Center. Please complete <a href="mailto:this form">this form</a> to express your interest and availability in helping us evaluate projects this year. Your effort is greatly appreciated. If you have any questions, please contact Dave Hruskoci, Director of Science & Engineering at 508-841-8836 or <a href="mailto:dhruskoci@shrewsbury.k12.ma.us">dhruskoci@shrewsbury.k12.ma.us</a>.

# 9. Please Note - Federation for Children with Special Needs Workshop, February 1st

The Federation for Children with Special Needs will present its online workshop, "Basic Rights: Understanding the IEP," via Zoom on Thursday February 1, 2024 from 6:30-8:30 pm. Topics covered will include: Why the IEP is important, Who is Eligible, and How the IEP is Developed. All caregivers are welcome and <u>pre-registration is required</u>.

# **Community Items**

# 1. Please Note – Town of Shrewsbury Community Forum, February 1st (New)

The Town of Shrewsbury Diversity, Equity, Inclusion, and Belonging Committee would like to invite all to the first community forum hosted by the committee on Thursday, February 1st at the Shrewsbury Public Library. The topic will be "Cultivating a supportive community for diverse student affinity groups" and how to foster togetherness amongst differing views. All are welcome to attend, especially those with children in school. Please view the flier for more information and click here to register.

#### 2. Please Note – KPMG Scholarship Opportunity (New)

KPMG has a scholarship opportunity (2024 KPMG Future Leaders Program) for current high school seniors who are women that plan to major in business or STEM. This is a scholarship of \$10,000 annually for four years to a 4-year undergraduate college or university program.

The KPMG Future Leaders Program is a charitable initiative designed to increase the diversity pipeline of women in business and STEM fields. Funded by the proceeds from the KPMG Women's PGA Championship and KPMG Women's Leadership Summit, the KPMG Future Leaders Program annually awards twenty-two students in their senior year of high school the opportunity to enhance their personal growth throughout their college experience with annual scholarships, ongoing development and support, mentorship and an introduction to golf.

Please <u>click here</u> for more information about the scholarship, requirements, and how to apply.

# 3. Please Note – Shrewsbury Public Library Events

# 50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session (register <a href="here">here</a> for morning sessions; register <a href="here">here</a> for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration <a href="here">here</a>. This group is sponsored by more than 60 Massachusetts public libraries.

#### SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our <u>events calendar</u> to check dates.

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro calendario de eventos para verificar citas.

#### SPL Spanish Culture Club

The Spanish Culture Club provides an open and casual learning environment outside of the classroom for adults to learn and practice the language as well as to celebrate the cultures of Spanish-speaking countries around the world. This club is not only about learning Spanish, but learning about Hispanic culture: cuisine, idioms, movies, food, and more. The group will meet every other Wednesday at 6:00 p.m. at the Shrewsbury Public Library; no registration required. Visit the library's events calendar to confirm dates.

#### Tech Tuesday: Digital Privacy and Security

Join the Shrewsbury Public Library at 6:00 p.m. in the Learning Lab for Tech Tuesdays! This program is intended for proficient computer users aged 13+ who are familiar with navigating the internet. Laptops will be provided. Space is limited, so <u>registration</u> is required.

# Writing Workshop

Join the Shrewsbury Public Library for a series of writing workshops on Saturdays, February 3rd and March 2nd at 2:00 p.m.! A writing workshop is a place where writers can gather together, share writing, and receive feedback. A writing prompt will be given for the workshop, and time will be set aside for participants to write in response to said prompt. Afterwards, share and discuss your work with peers to improve your writing! Writing workshops are facilitated by Ashton Hooley, a published writer.

Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please <u>register</u> to attend.

# Shrewsbury Public Library Makerspace Survey

Calling makers of all ages! Shrewsbury Public Library is looking to start a makerspace and we would like your input. <u>Click here</u> to complete a survey to help us build the best makerspace possible.

## Local Author Talk - Has Anyone Seen \$500 Million in Art Lying Around Boston?

Join the Shrewsbury Public Library on Tuesday, January 30th at 7:00 p.m. with Bob Ainsworth, author of DUPED, a fictional account of the robbery at the Isabella Stewart Gardner Museum after the 1990 St. Patrick's Day. Two men dressed as Boston cops stayed for about 90 minutes and left with 13 pieces of art. None of the items have been found.

Ainsworth will review the actual details of the theft, the suspects, and the motives behind the theft. The idea for the Harry Bartlett stories sprang from his Accounting students' reactions to fraud anecdotes.

Bob Ainsworth was raised in New Jersey, earned a BS in Accounting from Boston College, an MBA in Finance from Northeastern University, and had his CPA. He uncovered two fraud cases during his career.

This program will take place in person at the library; please register to attend.

# Melodious Zach Presents Music of the 1960s

Join the Shrewsbury Public Library on Wednesday, January 31st at 7:00 p.m. for a one hour concert with Melodious Zach. He will perform Motown favorites, and entertain you with Motown trivia. Featuring songs from artists such as: Smokey Robinson, Stevie Wonder, Jackson 5, Four Tops, and many more.

Melodious Zach has been performing music professionally since 2004. In 2015, he received the ASCAP Plus award for songwriters and independent recording artists. His music video "Hum It" was featured on NH Chronicle, followed up by NH Magazine's featuring his "20 Greatest Hits!" which was a #1 album on Amazon's new Bubblegum CD chart.

This program has applied for support from the Shrewsbury Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. This program will take place in person at the library; please <u>register</u> to attend.

#### Meditation for Health and Wellness

Join the Shrewsbury Public Library on Tuesday, February 6th at 7:00 p.m. for this lively and engaging workshop with Arlene Samsel. Meditation is being prescribed by many medical practitioners and has been widely recognized as a means to enhance one's health and reduce stress. Throughout the nation meditation has become a positive force for health and wellbeing. There will even be a chance to practice this technique.

Arlene Samsel is uniquely qualified and experienced in meditation, public speaking, and the performing arts. She has been an elementary school teacher and has also performed publicly as a musician for many years. In addition, Arlene was director of a camp where she taught children how to meditate. She has been meditating for 25 years and has given many meditation workshops and retreats.

This program will take place on Zoom; please <u>register</u> to attend.

# Cycle of Memory Screening

Join the Shrewsbury Public Library on Thursday, February 8th at 7:00 p.m. for this film, followed by a Q+A with the filmmaker.

Mel Schwartz escaped the Great Depression on a bicycle adventure he'd remember for the rest of his life. But when Alzheimer's takes Mel's memories away, it's left to his grandkids to recreate the life-changing bike trip and find those memories.

With the help of a grandmother learning to live alone for the first time, Mel's lifelong friend and co-adventurer on the bike trip, and a family collection spanning 1950s film reels to 1990s video tapes, Cycle of Memory explores the importance of intergenerational connection, healing painful pasts, and leaving a meaningful time capsule for the future.

Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please <u>register</u> to attend.

# 4. Please Note – Shrewsbury Public Library Events for Tweens & Teens

We have some great events for tweens and teens happening in January at the Library!

Please remember that program attendees in grades 5-6 must be accompanied to the library by a parent/parent's representative who will remain in the building during the program and rejoin the attendee at the conclusion of the program.

Tuesday, January 2nd-Wednesday, January 31st - Scavenger Hunt - in the Teen Room.
 Grades 5-12. No registration necessary. Try our monthly Scavenger Hunt! Find all the hidden items and you're entered to win a fun prize. This month's prize is a kiwi Squishmallow!

Check our <u>digital calendar</u> and <u>online calendar</u> for more details and registration!

# 5. Please Note - Friends of the Shrewsbury Public Library Foreign Film Festival

The Friends of the Shrewsbury Public Library are pleased to announce our annual Foreign Film Festival, presented each Sunday in February at 2:00 pm.

# House of Flying Daggers, February 4

2004 - Mandarin with English subtitles, PG-13

During the Tang Dynasty, two police deputies break a beautiful member of the rebel group, House of Flying Daggers, out of prison and the adventure begins as they fall under her charms. Academy award nomination for Best Cinematography.

# Faubourg 36, February 11

2008 - French with English subtitles, PG-13

When Pigoil's wife leaves with his beloved son, he gambles everything to get him back. As the previous manager of the now closed Chansonia Theatre, he makes a deal with the new owner to give him one month to turn the theater around and make a profit.

#### The Sea Inside, February 18

2004 - Spanish with English subtitles, PG-13

The story of a man who was left quadriplegic after a diving accident, and his 28-year fight in support of euthanasia and the right to end his life. Academy Award Winner 2004 Best Foreign Language Film.

#### Life Is Beautiful, February 25

1997 - Italian with English subtitles, PG-13

During World War II an Italian Jewish man must use his will, imagination and sense of humor to protect his wife and son from the dangers around their concentration camp. Winner of 3 Academy Awards including Best Actor, Best Foreign Film and Best Music.

# 6. Please Note - Shrewsbury Parks & Recreation Programs

Pre-registration is required for all of the Parks & Recreation programs. Space is limited. Visit our <u>website</u> for more information and registration and follow us on Facebook or Instagram for updates and photos!

# Winter Program Guide

Registration is now open for winter programs! Click <a href="here">here</a> to check it out.

# Summer Youth Program Update

The program guide will include our Summer Playground program, Half Days at Dean, Playground Adventures, and vendor camp opportunities. Summer Youth Program registration above opens on Saturday, February 3 at 10 am.

#### Become a Community Partner

We are planning more events than ever before, and are seeking community partners to help support our initiatives. Do you or someone you know enjoy our free or low cost events - like Summer Concerts in the Park, Truck or Treat, and the Food Truck Festival - and would like to take advantage of the opportunity to give back to your community while also promoting their business or organization? Take a look at our <a href="Sponsorship Packet">Sponsorship Packet</a> and see how we can work together!

#### Youth Programs

- Little Kid (2-5 yrs) & Big Kid (6-8 yrs) Creative Drama
  - Tuesdays, 4:30-5:15 and 5:30-6:15, beginning January 16, Oak Middle, \$185/child
- Kids Test Kitchen
  - Tuesdays, beginning January 16, 4:30 pm for 6-10 year olds and 5:45 pm for 11-15 year olds, Oak MS Cafe, \$18/child
- Lacey's Makeup Academy
  - Wednesdays, beginning January 10, grades 5-8, 5-6 pm, Senior Center,
     \$78/child
- Babysitting Courses
  - o March 9, Ages 12-15, 10 am 12:30 pm, \$60/person
  - o Option to add CPR & AED Certification from 1-3 pm on each date, \$70/person
- February Break Camps
  - o Minds In Motion STEM Programs Tuesday 2/20-Friday 2/23, Floral St. School
  - Chemical Creations for ages 6-10, 9am- Noon
  - o CSI for ages 7-11, 12:30-3:30 pm

#### Adaptive Programs

- Adaptive Gym Games with Coach Chip Collins, Wednesdays, Floral St. School
  - NEW START DATE: January 17- We have pushed back the start date of Adaptive Gym Games so that we can get a few more registrations! Ages 6-15 from 6-7 pm, and ages 15 and up from 7-8 pm. Volunteers welcome!

# Family Programs & Events

- Family Bingo Night, January 26, 6-8 pm, Senior Center, \$20/family
- A Syrup Soiree, March 23, 10-11 am, Pure BS Maple Shack in Auburn, \$25/family
- Eggstravaganza, Saturday, March 30, 10 am -Noon, No Registration or Fee!

## Adult Programs

- Meditation
  - Wednesdays, 6:45-7:45 pm, begins February 7, \$95, Senior Center
- CPR & AED Certification
  - o March 9, 1-3 pm, \$70
- Pickleball
  - Sunday Lunch Hour Open Play, 11:30-1:30 at Beal Elementary

Please <u>click here</u> for the Parks & Recreation website.

# 7. Please Note – Shrewsbury Historical Society Events

## Shrewsbury Historical Society Upcoming Programs

- February 28th: "Hebert Candies, Past to Present: Creation of the Candy Mansion" by Paul Smith (at Hebert Candy Mansion)
- March 27th: "Needle & Thread: The Art and Skill of Clothing an Early 19th-Century Family" by Rebecca Beall
- April 24th: "Spectacle and Substance: Tracking a Tale of Victorian America" by April Jones Price
- May 22nd: Annual Meeting and "Having Fun: Wish You Were Here: Historical Society Game Night!" by Erik Larson, President

#### Mission Statement

The Shrewsbury Historical Society was organized on January 7, 1898, and incorporated on June 23, 1902. The purpose of the Society shall be to keep alive and increase interest in the history of the Town of Shrewsbury; to collect and preserve items of special value, traditions, and curiosities; to encourage general public interest in its work; and to maintain such personal properties and real estate that may come under the control of the Society. Questions? Email <a href="mailto:shrewsburyhistory@townisp.com">shrewsburyhistory@townisp.com</a>.

# 8. Save the Date - Boy Scout Troop 227 Camping Event, February 17th

Calling all Arrow of Lights (AOLs), 5th graders & 11 year olds! Join BSA Troop 227 on Saturday, February 17th for Cabin Camping at Treasure Valley Scout Reservation Camp in Rutland.

Arrive Saturday at 1:00 pm for capture the flag, board games, and crock pot cook off!

AOLs can camp overnight; 5th graders and 11 year olds who are not registered with the BSA can spend the day full of fun!

# 9. Please Note - Shrewsbury Youth and Family Services Parent Support Group

Shrewsbury Youth and Family Services has partnered with your child's school to offer a free Parent Support Group! Parents are often focused almost entirely on the needs of their children, sometimes to the point that they ignore their own needs and feelings. This group is a chance to address your needs. We will cover topics including the importance of managing parental stress, self-care and social support, child mental health, and finding joy in parenting. There will also be two sessions focused on managing screen time as this group is part of our Screen Time Reduction and Education Program (STREP). This group will be co-led by a licensed clinical therapist and Masters level intern and will be free of charge.

Two cohorts will be offered- a Monday group and a Wednesday group. The six week sessions will begin Feb 5 (Monday Group) and Feb 7 (Wednesday Group) and all sessions will be held virtually from 12-12:45pm. We will not meet during February break. For questions and registration, please email ARobinson@syfs-ma.org. Please note that we will require cameras to be on to promote a positive and cohesive group experience.

This group is made possible through the generous support of the Reliant Foundation.

# 10. Save the Date - Shrewsbury Town Meeting Member Interest Forum, February 8th

Join the Town of Shrewsbury for our second annual Town Meeting Member Interest Forum!

Interested in becoming a Town Meeting Member? Join us February 8th at 7PM at Oak Middle School for our second annual Town Meeting Member Interest Forum. Representatives from Town Meeting and other Town Officials will be present to answer questions and help the community learn more about its legislative body. We hope to see you there!

<u>Click here</u> to learn more about Town Meeting!

#### 11. Save the Date - 2024 Chinese New Year Celebration, February 4th

Join us for the 2024 Chinese New Year Celebration on February 4th from 1-4pm at Shrewsbury High School! Get ready for an unforgettable afternoon of music, culture, and vibrant performances as we welcome the Year of the Dragon with this dazzling celebration with MassBCLS, SPS and SJH and Mulan Arts Performance group, alongside other talented

professional performers. Plus try your dragon year luck with raffle. Free admission! Open to the public! See <a href="https://www.MassBCLS.org">www.MassBCLS.org</a> for more info.

#### 12. Please Note – Tufts Vet School April Vacation and Summer Programs

We are pleased to announce that we are accepting applications for the 2024 <u>Adventures in Veterinary Medicine (AVM)</u> program at Cummings School of Veterinary Medicine at Tufts University.

AVM is an exciting and intensive program where students can explore the wide variety of careers available within veterinary medicine and discover first-hand what it is like to attend veterinary school.

For students who are trying to determine whether veterinary medicine is the right career path, AVM is a great way to gain a deeper understanding of the profession. The program is also helpful for students who have already decided on a future in veterinary medicine, as it allows them to experience life as a veterinary student and explore opportunities within the field. Many of our past AVM participants have successfully gained admission to veterinary school both here at Tufts and at other schools.

During the one- (middle school) or two-week (high school) programs participants will:

- investigate specialty fields like anatomy, wildlife, nutrition, and surgery
- gain hands-on experience with our teaching animals
- practice bandaging, animal CPR, and suturing
- and more!

We offer options for 7th – 12th grade students. The middle school program is first-come first-served based on application/deposit date. High school has a selective admissions process for both residential and commuter options.

Middle School Sessions: April 15 - 19; June 26 - 30 High School Sessions: July 9 - 20; July 23 – August 2

Full details, including eligibility, tuition, and the online application, can be found on our website.

We hope that you will share this information with your students and with any other appropriate people at your school. If you or your students have any questions, please feel free to contact Director John Chenier at <a href="https://example.com/AVM@tufts.edu">AVM@tufts.edu</a> or 508-839-7962.

We look forward to hearing from you!

#### **Youth Athletics and Activities**

# 1. Please Note – Take Charge Hoops Basketball Clinic

The Shrewsbury High School boys varsity basketball coaches Adrian Machado and Gerry Nowosacki will be sponsoring a three-day basketball clinic for boys and girls in grades 3-12. The focus will be on individual skills through the use of time-oriented drill stations. The goal will be to learn, relearn, and execute the fundamentals of basketball, enhance one's skills, and be a better player and teammate.

Where: Shrewsbury High School Field House

When: Tuesday, February 20 through Thursday, February 22

<u>Time</u>: 10:00 a.m. – 1:00 p.m.

<u>Cost</u>: \$150.00 (\$10.00 discount for siblings; financial assistance can be considered)

Please contact Gerry Nowosacki at (508) 842-6014 or <a href="mailto:gym21rat@aol.com">gym21rat@aol.com</a> to sign up.

# 2. Please Note - Shrewsbury Little League Baseball and Softball

PLAY BALL! Spring registration for Shrewsbury Little League Baseball and Softball is now open for softball ages 4-16 and baseball ages 5-12 (born before September 1st). Join your friends for fun on the field! Registration closes February 4th. <u>Click here</u> to register today.

#### 3. Please Note - Shrewsbury Little League Girls Softball Winter All-Skills Clinic

Whether you are just beginning softball or are a veteran, this clinic will sharpen your skills and give you a head start on the spring season. <u>Click here</u> to register today.

The program runs for 7 weeks (Saturdays) beginning February 24 as follows:

Tee and Rookie: 2:00-3:00 p.m.; Minor: 3:00-4.30 p.m.; Major and Seniors: 4.30-6:00 p.m.

Location: Sherwood Middle School

Cost: \$155