



Community Bulletin

November 14th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

School District Items

1. [Please Note](#) – Lunch and Learn Program for SHS Students **(New)**
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Community Items

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Youth Athletics and Activities

1. [Please Note](#) – Shrewsbury Youth Soccer Spring 2024 Season
2. [Please Note](#) – Shrewsbury Youth Lacrosse Spring Registration Now Open

School District Items

1. Please Note – Lunch and Learn Program for SHS Students (New)

Do you have a student interested in Biomedical Science, Microbiology or Biochemistry? This week, on November 17th, the Lunch and Learn guest speaker is Dr David Pirovich, an SHS alum from the class of 2010 and a PhD in Biomedical Science. He received a BS in Microbiology/Minor in Biochemistry from Rutgers University and then received his PhD in Biomedical Science in 2022. Dr. Pirovich now works as a Senior Scientist at Allorion Therapeutics, a small-molecule drug discovery biotech in Natick. Registration is required and students can register [here](#).

Shrewsbury High School students now have the opportunity to interact with and learn from alumni and community partners during lunches on Fridays throughout the school year. Groups of up to eight students are invited to meet with invited guests during each of the four, 20-minute lunch periods. These events are specifically structured to create a casual and interactive environment where students gain insights into various career paths and connect with professionals from different fields, while having opportunities to ask questions and interact.

The schedule of speakers and student registration for all speakers can be found [here](#). Guest speakers will be added frequently, so check this link weekly. Questions? Contact kkeohane@shrewsbury.k12.ma.us.

Help Wanted!

Parents, Caretakers, Alumni, and Community Partners: Please consider joining the all-new Shrewsbury High School Lunch and Learn sessions on Fridays during lunch times at SHS. Our students are seeking to gain knowledge about careers, workforces, and/or colleges. Guests of all ages are encouraged to share their life skills and experiences with students in grades 9-12! Please contact Jane Lizotte at jlizotte@shrewsbury.k12.ma.us or Kathleen Keohane at kkeohane@shrewsbury.k12.ma.us if you are interested in volunteering.

2. Save the Date – Job Fair for Students, November 16th (New)

SHS is hosting its 4th semi-annual "Job Fair for Students", November 16th, 2:30-3:30 pm in the SHS Commons (cafeteria). Local businesses will interview students on the spot and answer questions about their jobs. (See [this list](#) of employers). Available jobs for 14+: dining servers, time and score keepers, cashiers, customer service, child watch etc. at Ski Ward, Parks and

Recreation, YMCA and more. Students are encouraged to visit the Job Fair at the end of the school day. A late bus is provided on Thursdays, for those students who will need a ride home.

3. **Save the Date – Kids' Night Out, November 18th (New)**

Shrewsbury High School Student Council is hosting a fun night just for kids! On November 18th, part of SHS will be open to children ages 5-12 to play games, watch movies, do arts and crafts, and grab dinner. SHS students are volunteering as "Big Brothers and Sisters" for the evening, running the events and activities from 6-9pm. Pizza, snacks, and drinks will be available for purchase. The cost is \$25 per child with discounts for multi-child families. Adult supervision will also be provided by SHS staff members. Entrance to the event will be at the Gym Entrance of Shrewsbury High School. Registration/admittance will open at 5:45pm. Registration is limited so make sure to [register](#) today.

Please contact Connor Duffy (ccduff25@students.shrewsbury.k12.ma.us) with questions. Please note no medical personnel will be on duty during Kid's Night Out. In case of any emergency, parents and medical services will be contacted.

4. **Please Note – Free & Reduced Price Program Fees Application**

Some students are eligible to receive reduced program fees if their family household meets specific income thresholds. The [free and reduced benefit application](#) is used to determine eligibility for reduced program fees.

Although Massachusetts legislature has provided funding to make meals available at no cost to all students during this school year, **families should still complete a benefit application** if they think they might qualify. This provides data for key funding for academic resources and may also connect families to additional benefits. If eligible, students can potentially receive free busing, reduced activity fees, etc. This data will also support the additional funds provided by the Commonwealth for this pilot. For more information about this program, please click [here](#).

All new and returning students must complete a new application each school year. At any time during the school year, families may apply for reduced program fees. Sometimes families experience job or income loss during the year and this is an opportune time to apply. Please [click here to apply for the free & reduced program](#).

If you have questions or need assistance with the application, please contact the Food Service Director using the contact information below:

Beth Nichols

(508) 841-8819

bnichols@shrewsbury.k12.ma.us

5. Please Note – Cafeteria Help Wanted

The Shrewsbury Food Service is looking for part-time employees, full-time employees, and substitutes to work in the school cafeterias. Days and hours are flexible. Duties include: prepping food, setting up serving lines, serving students, and breakdown and clean-up. Lunch and refreshments are provided. Please [click here](#) to obtain an employment application.

Please forward this application to the Food Service Department C/O Shrewsbury High School, 65 Cypress Avenue, Shrewsbury, MA 01545 or email to hdoyle@shrewsbury.k12.ma.us. If you have any questions, please call Heidi Doyle at (508) 841-8855.

6. Please Note – Destination Imagination

Welcome to a new season of [Destination Imagination](#) at Shrewsbury Public Schools! All Shrewsbury Public Schools students in grades K-12 are eligible to join a team and there is no cost to participate. Registration for students and teams are open until December 1st. We hope you can join us to kick off the 2023-24 Destination Imagination Season!

If you have any questions about the program, contact Rajani Vijayakumar (rvijayakumar@shrewsbury.k12.ma.us).

7. Please Note – Jobs for Students

Do you have a high school student looking for an after-school job? New jobs have been added! We have many local businesses looking for student employees, listed on our [Jobs for Students](#) site, including jobs for students 15+. Every job listing contains a brief job description, instructions for how to apply for the job, and the contact person. It is the student's responsibility to connect with the employer and to apply for the job personally. This list is updated frequently, with the newest jobs listed first. Please note that if your student is under 18, they must [apply for a work permit](#). Instructions for how to apply for a permit are also on the [Jobs for Students](#) page. Questions? Please email kkeohane@shrewsbury.k12.ma.us. Thank you for supporting our students!

Do you have a business who is looking to hire this fall? Shrewsbury youth are eager to work! Please complete [this form](#) to provide information about available positions in your company or business. Information will be posted to our highly popular and frequently visited [Jobs for Students](#) site, and you will receive an invitation to attend the SHS Job Fair in November.

8. Save the Date – Shrewsbury High School Athletic Boosters Fundraiser, December 3rd

The SHS Athletic Boosters Meat Raffle Fundraiser will be held on Sunday, December 3rd from 1:00 to 4:00 p.m. at 4th and 1 Sports Club in Worcester. Come support our Shrewsbury athletes for a Sunday Funday! If interested in sponsoring a table, please contact Kelly Wharton at kdoherty610@gmail.com. She is our fundraising chair and can provide more details. Thank you in advance for your support.

9. Save the Date – Shrewsbury Robotics Apple Pie and Winter Market, November 18th

We are looking for vendors for the ever popular annual event of the Shrewsbury Robotics Apple Pie and Winter Market! Please [apply](#) to be a vendor! Be sure to stop by the Oak Middle School Gym on November 18th from 2:00 - 5:30 p.m. to grab a delicious pie and do some shopping! Click [here](#) for the flier.

Community Items

1. Please Note – Shrewsbury Youth and Family Services Holiday Support Group (New)

For many, the holidays are a very challenging time. You are not alone; we are here to support you. SYFS will be offering a weekly, online, support group for individuals struggling during the holiday season. This group is intended for individuals 18 and older.

The holiday support group will meet from November 14 through December 19 on Tuesdays from 2:00 to 2:45 pm. Please [click here](#) for the video call link.

Please contact Abigail Westerlind with any questions: 508-845-6932 ext. 403

2. Please Note – Shrewsbury Public Library Events (New)

50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second

and fourth Wednesday evenings. Registration is required for each session (register [here](#) for morning sessions; register [here](#) for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration [here](#). This group is sponsored by more than 60 Massachusetts public libraries.

SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our [events calendar](#) to check dates.

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro [calendario de eventos](#) para verificar citas.

SPL Spanish Culture Club

The Spanish Culture Club provides an open and casual learning environment outside of the classroom to promote learning and practicing the language as well as to celebrate the cultures of Spanish-speaking countries around the world. This club is not only about learning Spanish, but learning about Hispanic culture: cuisine, idioms, movies, food, and more. The group will meet every other Wednesday at 6:00 p.m. at the Shrewsbury Public Library; no registration required.

Tech Tuesday: Digital Privacy and Security

Join the Shrewsbury Public Library at 6:00 p.m. in the Learning Lab for Tech Tuesdays! This program is intended for proficient computer users aged 13+ who are familiar with navigating the internet. Laptops will be provided. Space is limited, so [registration](#) is required.

Zumba at the library

Join the Shrewsbury Public Library for Zumba®, an interval-style dance fitness party that combines low-intensity and high-intensity moves. Burn lots of calories while moving to the rhythm with Latin-inspired dance moves. The best part of it all is that it doesn't even feel like exercise! Dance fitness classes aren't just great for cardiovascular health, but also tone muscles and improve balance and flexibility. Zumba instructor Johanny Pineyro will lead this engaging class beginning at 6:00 p.m. No registration required; Wednesday, November 29th.

The Power of Meditation and Gratitude

Join the Shrewsbury Public Library on Tuesday, November 14th at 7:00 p.m. with Ajjili Hodari, Esq, long-time meditator and national speaker, for this transformational online workshop. Meditation has become increasingly more popular and provides many life-transforming benefits.

By meditating, we become relaxed and calm as we come in contact with a state of inner peace and wellbeing.

By learning and practicing this simple yet profound technique, it will become clear how meditation can enhance your life with a sense of wellbeing and deep inner peace. When adding gratitude into our lives, this can be a winning combination.

This program will take place virtually on Zoom; please [register](#) to attend.

The True Story Behind the Lincoln Assassination: The Nest That Hatched Evil

Join the Shrewsbury Public Library on Wednesday, November 15th at 7:00 p.m. with Justice Dennis J. Curran (ret.), member of the national Board of Advisors of The Lincoln Forum and a Fellow of the Massachusetts Historical Society, for this fascinating talk that examines the truth versus the myth of Lincoln's assassination.

This presentation dispels many of the commonly-held myths about the murder of our 16th President. Although John Wilkes Booth fired the gun, there were many fingers on that trigger. The Confederate Secret Service, a foreign bank account, multiple assassins, and an orchestrated underground plot conspired to decapitate the Union government, a plan set in motion months before April 14, 1865.

Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please [register](#) to attend.

Madan Sara Film Screening

Join the Shrewsbury Public Library on Thursday, November 16th at 7:00 p.m. with Etant Dupain, journalist and filmmaker, for a screening of and Q&A about the documentary, [Madan Sara](#). The women known as Madan Sara work tirelessly to buy, distribute, and sell food and other essentials in markets throughout Haiti. Despite the obstacles faced by working in a sector that lacks investment, infrastructure and state assistance, the Madan Sara are one of the most critical parts of the Haitian economy. The documentary tells the stories of these indefatigable women who, despite facing hardship and social stigma, help ensure a better life for future generations. This film amplifies the calls of the Madan Sara as they speak directly to society to share their dreams for a more just Haiti.

This program will take place in person at the library; please [register](#) to attend.

SPL November Movie Matinee: The Batman

Join the Shrewsbury Public Library for our Movie Matinee! A different film will be screened monthly in person at the library on a Saturday at 2:00 p.m. No registration required.

On November 25th, come enjoy a screening of The Batman (2022; Rated PG-13): "When a sadistic serial killer begins murdering key political figures in Gotham, Batman is forced to investigate the city's hidden corruption and question his family's involvement."

3. Please Note – Shrewsbury Public Library Events for Children

Geography Bee - November 14th at 6 p.m.

The Library's Geography Bee is for kids in grades 3rd & 4th. Participants will be picked through a lottery system. If your child gets in, you will be contacted via email. If you are interested, please send the following information to splkids@cwmmars.org starting October 16th: Child's name and grade; Parent's name, email and phone number.

The Poop Museum - November 18th at 3 p.m.

Join award winning teacher and storyteller, Susie Maguire, as she brings her poop museum to the Shrewsbury Library! Geared for children ages 4-9 and their families, Susie will teach attendees about the fascinating world of poop, including does every animal poop? Is there really sweet, tasty poop that you can eat? And which animal does a poop dance? This is a token program, meaning the library will start handing out admittance tokens 30 minutes before the start of the program. One token will be given out per child. Please stop at the main circulation desk starting at 2:30pm on the date of the program to get your tokens.

4. Please Note – Shrewsbury Public Library Events for Tweens & Teens

We have some great events for tweens and teens happening in November at the Library!

Please remember that program attendees in grades 5-6 must be accompanied to the library by a parent/parent's representative who will remain in the building during the program and rejoin the attendee at the conclusion of the program.

- **Wednesday, November 1st-Thursday, November 30th - Scavenger Hunt - in the Teen Room. Grades 5-12. No registration necessary.** Try our monthly Scavenger Hunt! Find all the hidden items and you're entered to win a fun prize. This month's prizes are a photorealistic tortilla throw blanket and a bag of candy!
- **Monday, November 13th-Friday, November 17th - MATLAB Bootcamp: From Zero to Hero - 4:00 p.m. in the Learning Lab. Grades 6-10. [Registration](#) required.** This bootcamp is designed for beginners who want to learn the basics of MATLAB programming. You will learn how to create and edit MATLAB scripts, work with data, and create plots and figures. This workshop is perfect for anyone who wants to learn MATLAB programming, regardless of their background or experience level. If you are interested in learning how to use MATLAB to solve real-world problems, then this workshop is for you! Led by Vyshnavi D of SHS.

- **Monday, November 13th - Poop Museum for Teens - 7:00 p.m. in Meeting Room A. Grades 5-12. [Registration](#) required.** The Poop Museum is the place to come if you're curious and have questions about poop, and also if you think that everything in the world, including poop, is fascinating! At The Poop Museum, everyone learns many fantastic, fabulous and fun facts about human, animal, and insect poop, many of which truly amaze and surprise. Just a few of the topics we cover include: what poop is and how it gets made, how we evolved to have butts, which animals eat poop and why, how poop became a medicine, and how poop became a power source. So come and see us to learn and laugh and talk all about poop when The Poop Museum visits your town!
- **Tuesday, November 14th - Choose Your Own Adventure Book Club - 6:00 p.m. in the Children's Program Room. Grades 4-6. [Registration](#) required.** We'll be reading out loud one book from the Choose Your Own Adventure® series at each meeting and everyone will help decide which path we will take. Participants will receive an Adventurer's Passport to collect badges. Participants who attend all 9 meetings will earn all 9 book badges and be eligible for a prize. FREE PIZZA!
- **Wednesday, November 15th - Music with Computers - 4:00 p.m. in Meeting Room A. Grades 5-12. [Registration](#) required.** Enjoy an introduction to the art of making music with computers! Various approaches will be discussed, including using computers as an assistant in the practice of music, performing with computers, and creating and recording music with computers. No prior musical experience is required. Feel free to bring samples of your own work to discuss. This class is being presented by The Jazz Robot Studios, a local arts non-profit, and will be led by Jonathan Larkin.
- **Friday, November 17th - Friday Snack Craft - 3:30 p.m. in Meeting Room B. Grades 5-12. No registration necessary.** What's more fun than food? School is over - come hang out and create something delicious. A new seasonal snack creation each month! Those with food allergies should please exercise caution.
- **Monday, November 20th - Teen Advisory Meeting - 8:00 p.m. in the Teen Room. Grades 5-12. [Registration](#) required.** What is Teen Advisory? It's a way for you to connect with the library and make your voice heard. It's a chance to see your ideas and opinions come to life. It's an easy way to earn volunteer credit by attending monthly meetings. Join us to meet some new people, eat snacks, and help us make our Teen Room (and library) THE BEST!

Check our [digital calendar](#) and [online calendar](#) for more details and registration!

5. Please Note – Shrewsbury Parks & Recreation Programs

Pre-registration is required for all of the Parks & Recreation programs. Space is limited. Visit our [website](#) for more information and registration and follow us on Facebook or Instagram for updates and photos!

[Shrewsbury Playground Survey](#)

Passed as a CPA project at Town Meeting in May of 2023, a formal playground assessment for the Town is currently underway. At this time, we would like to invite you to share your feedback regarding the playgrounds here in Shrewsbury. Please [click here](#) to complete the survey.

Paint Night

Friday, December 8, 6:30-8:00 pm at the Senior Center, \$35/person

An Instructor from Canvas N' Cup will lead us through creating a winter themed masterpiece on canvas. This activity is appropriate for ages 8 and up, families welcome! Children under age 14 must have a parent/caregiver present. Cost is per person and includes all materials.

Children's Etiquette Workshops

New England School of Protocol aims to give every individual a strong foundation in social graces, dining etiquette and interpersonal skills. Our goal is to empower them with confidence and propel them towards personal and professional success.

Upcoming workshop topics include: Social Skills, Prep for the Holidays, Restaurant Ready, and Teen Interview Prep. See our MyRec website for more information on dates, times, and cost of each workshop.

SAVE THE DATE!

Winter Program Registration will open on Wednesday, November 29 at 10:00 am. Winter Programs will be posted for viewing on MyRec and Facebook by Thursday, November 16.

Our Adaptive Program Meeting is rescheduled for Wednesday, Nov 29, 2023, beginning at 6:30 pm at the Senior Center. If you are interested in exploring how we can all work together to improve our adaptive program offerings and inclusion practices to support community members of all ages with disabilities in recreation programs, please join us!

Please [click here](#) for the Parks & Recreation website.

6. Please Note – Shrewsbury Historical Society Events

Shrewsbury Historical Society Upcoming Programs

- November 15, 2023: "Cranberries 101" by Cape Cod Cranberry Growers Association
 - Learn about the history of the cranberry in Massachusetts, cranberry farming, and the amazing health benefits provided by this little red berry in a colorful and informative PowerPoint presentation from an industry expert. Enjoy sweetened dried cranberry samples, and take home some amazing cranberry recipe cards.
 - Cranberry Tour Guide Walter Morrison has a degree in Agricultural Business from Stockbridge School of Agriculture and a degree in Agricultural Economics from the University of Massachusetts, Amherst. In addition to garden retail experience,

Walter has been a trustee for Federal Furnace Cranberry in Carver since 2005 and serves on the Plymouth Conservation Commission.

- December 2, 2023: Yuletide Market 3:00-4:30, “All Aboard, Encore! Model Holiday Train Exhibit and Penny Candy Sale”
- December 13, 2023: “125th Anniversary Celebration of the Shrewsbury Historical Society “ by Erik Larson, President
- January 24, 2024: “Shrewsbury Charitable Society “by Tom Kelleher
- February 28, 2024: “Hebert Candies, Past to Present: Creation of the Candy Mansion “ by Paul Smith (at Hebert Candy Mansion)
- March 27, 2024: “Needle & Thread: The Art and Skill of Clothing an Early 19th-Century Family “ by Rebecca Beall
- April 24, 2024: “Spectacle and Substance: Tracking a Tale of Victorian America “ by April Jones Price
- May 22, 2024: Annual Meeting and “Having Fun: Wish You Were Here: Historical Society Game Night!” by Erik Larson, President

Mission Statement

The Shrewsbury Historical Society was organized on January 7, 1898, and incorporated on June 23, 1902. The purpose of the Society shall be to keep alive and increase interest in the history of the Town of Shrewsbury; to collect and preserve items of special value, traditions, and curiosities; to encourage general public interest in its work; and to maintain such personal properties and real estate that may come under the control of the Society.

7. Save the Date – Shrewsbury Yuletide Market and Light the Common, December 2nd

The Annual Yuletide Market and Light the Common will be Saturday, December 2, from 4 to 8 p.m. on the Town Common. It opens at 4 p.m. and at 4:45, 31,000 lights on the Common will be flipped on in a dazzling display!

There'll be new food trucks, more artisanal gifts and vendors, and more fun for all ages. Don't miss this unique opportunity to stroll the festive Town Common, while getting a jump on holiday shopping. Admission is free, but pets are not allowed. For more information and parking locations, [click here](#).

8. Save the Date – Turkey Trot for the Memory, November 23rd

Preparations are underway for the 12th running of the Turkey Trot for the Memory and we can't wait to see you! On Thanksgiving morning at 8:00 a.m., we will gather with friends and family on the Shrewsbury Town Common to show support for those who've been impacted by Alzheimer's disease and to raise funds to support patient care, caregiver support, and research. Please join us for the 2-mile or 5-mile race, fun run, or walk.

We are grateful to our presenting sponsor, Shrewsbury Federal Credit Union, and to the First Congregational Church for generously welcoming us back year after year despite the fact that we've grown exponentially! This event would not be possible without the Church, our sponsors, volunteers, and you!

Registration is live. Click [here](#) to learn more about this community event! If you are interested in volunteering, please click [here](#).

We have room for the names of a few additional [sponsors on our t-shirts](#) if you are interested in supporting the event in that way. Sponsorships begin at \$350.

Please contact Jane Lizotte at jlizotte2@gmail.com with any questions.

See you at the starting line on Thanksgiving morning!

9. Please Note – Shrewsbury Police Department Bi-Monthly Newsletter

To enhance our ongoing efforts in fostering better internal and external communication while highlighting the commendable initiatives undertaken by the Police Department and the Community, we are introducing a new Bi-Monthly Newsletter! Please [click here](#).

Youth Athletics and Activities

1. Please Note – Shrewsbury Youth Soccer Spring 2024 Season

Registration is now open for the Spring season for all Shrewsbury Youth Soccer age groups (pre-k through grade 12). Our season is scheduled to start in early April 2024 and will run to the end of the school year. We have had waiting lists for most age groups in the last few seasons, so register early. Click [here](#) to register.

2. Please Note – Shrewsbury Youth Lacrosse Spring Registration Now Open

Registration is now open for the Spring 2024 travel season for all Shrewsbury Youth Lacrosse age groups (girls and boys in grades 1-8). Come out for this fun, fast-paced sport. All experience levels are welcome! The season will run from early April to mid-June, with indoor pre-season practices starting in mid-February. Regular games will be on Sundays with the

season culminating in a fun 3-game jamboree. Click [here](#) to register! Email us with any questions at info@shrewsburylacrosse.com.
