

Shrewsbury Public Schools

Invites
All Parents
FREE

Parenting Strategies 2023

All classes are from 6pm-7pm on ZOOM.
Attendance at all 7 classes is encouraged.

This class is for any parent interested in learning more about biological, behavioral and emotional strategies for parenting in today's world!

Sign UP Using this Link:



Dates

Topics

Tues. March 14: **Biosocial Theory & Validation**

Tues. March 21: **Neurobiology of Emotion**

Tues. March 28: **Anxiety**

Tues. April 4: **ABC's of Behavior**

Tues. April 11: **Changing Behavior is Always Possible**

Tues. April 25: **Unplugged: How to Decrease Effects of Social Media**

Tuesday May 2: **Power of Resiliency as parents!**

Class Co-Leaders:

[Dr. Kim Kusiak, MD](#) is a Child and Adolescent Psychiatrist who has been practicing for 30 years. She has been a consultant to area school districts since 2010, including Shrewsbury Public Schools.

[Daryl Rynning, MS Ed., BCBA, LABA](#) has been working as a Special Education teacher and Board Certified and Licensed Behavior Analyst with students and families, teachers and administrators since 1989. She is currently one of the District Clinical Coordinators, servicing all 9 schools.

[Felicite Boisvert, LICSW](#) has been a school social worker for almost 20 years. She holds a masters in social work and school leadership. She is the District Social Worker for Shrewsbury Public Schools.