



Community Bulletin

April 10th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

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Community Items

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School District Items

1. [Please Note](#) – 2023-2024 New Student Registration Now Open **(New)**

Dear parents and caregivers: New student registration for the 2023-2024 school year is now open. If your student is not currently enrolled in Shrewsbury Public Schools and you plan to enroll your child for the coming school year, please complete the online student registration process as soon as possible. You can access the registration link [here](#).

2. [Please Note](#) – Summer Enrichment Registration

Shrewsbury Public Schools is pleased to bring back the popular Summer Enrichment Program. The full course catalog is available for preview on our [website](#).

Program schedule: Monday-Thursday for four weeks: June 26-29, July 10-13, July 17-20, July 24-27

Grades: For students who will be entering kindergarten - grade 8 in fall 2023 (students must be 5 years old by 8/31/23)

Location: Sherwood Middle School

Schedule and cost: Families may choose half-day or full-day options:

- Morning session: 8:30-11:30 a.m. - \$80/week
- Afternoon session: 12:00-3:00 p.m. - \$80/week
- Early drop-off: 7:00-8:30 a.m. - \$40/week
- Extended hours: 3:00-6:00 p.m. - \$80/week

Students staying for a full day will bring lunch and be supervised from 11:30 a.m. to 12:00 p.m.

A 50% non-refundable deposit is due at the time of registration. The balance will be charged on June 1st. Families who qualify for free or reduced meals are eligible for a 50% discount - use coupon code SUMMER50 at checkout. Register and pay using our [Eleyo Registration Software](#). First-time users will need to create an account. View instructions [here](#). For more information, contact Karen Isaacson, Director of Extended Learning, at (508) 841-8727.

3. [Please Note](#) – Shrewsbury Robotics Summer Program

Shrewsbury Robotics is offering a summer program for students entering grades 4-8 in fall 2023. Science and engineering play a big part in our everyday lives and in the world. We teach students about science and engineering by using lego robotics, solar powered robots, rockets, and middle school-level engineering challenges. All activities teach students about teamwork, compromise, success, failure, and much more! They also get to have fun in the process and learn valuable team working skills. The students are grouped into teams and each team is coached by one or more high school students who are members of the robotics team and in most cases have been Lego League competitors themselves. The program is overseen by adult mentors.

The solar robots and rockets are tested at the end of the week. On Friday, we provide the students with a pizza lunch (this is included in the price). During Friday afternoon, the students compete against the other teams using the Lego Robots they have been building during the week. This competition is based on the FIRST Lego League competition from the preceding season. Parents are invited to come and watch this.

Schedule:

July 10th to 14th: Lego Robotics and Rockets

July 17th to 21st: Lego Robotics and Solar Powered Robots

July 24th to 28th: Lego Robotics and Rockets

July 31st to Aug 4th: Lego Robotics and Solar Powered Robots

The program will take place at Shrewsbury High School, Monday-Friday, from 8:30 a.m. to 3:30 p.m. The cost is \$300 per week. Registration and payment will be done using our [Eleyo Registration Software](#). A non-refundable 50% deposit is due at the time of registration. The balance will be automatically charged on June 1st.

4. Save the Date – Career Exploration Opportunities for 11th & 12th Grade Students

Don't miss this fantastic opportunity - only 30 spots are available! [Olympus](#) in Westborough is offering a "STEM Day" on April 18th from 11:00 a.m. to 2:30 p.m. exclusively to our junior and senior high school students so they can learn more about Olympus and its role as a hub in medical technology innovation. Students will tour this brand new, state-of-the-art facility, engage with employees, and participate in break-out sessions in marketing, R&D, testing and quality assurance, and innovation. Students will also have hands-on experience in the TEC Lab tour, using their lab equipment on real samples (scopes, laparoscopes, probes, etc.). Lunch will be provided by Olympus and transportation to and from the facility will be provided by Shrewsbury Public Schools if needed. Juniors and Seniors only. [Register here](#) for this and other job shadowing opportunities offered during April break. Questions? Contact kkeohane@shrewsbury.k12.ma.us.

5. Save the Date – Shrewsbury High School Summer Job Fair for Students, April 27th

Dear high school students, parents, caretakers, and community business partners: Are you seeking summer employment or hard-working employees? If so, please join local businesses that are seeking to employ students over the summer months. The Shrewsbury High School Summer Job Fair will be held in the Shrewsbury High School Commons on Thursday, April, 27th, from 2:00 to 3:00 p.m. If you have a business who is interested in meeting future student employees at the Job Fair, please complete [this form](#). If you cannot attend but would like your job description to be added to our [Jobs for Students site](#), please complete [this form](#). (Students do not need to register to attend the Job Fair.)

Students, parents, and caregivers - please visit our frequently updated [Jobs for Students site](#). Every job listing contains a brief job description, instructions for how to apply for the job, and the contact person. Interested students should connect with the employer directly to apply for the posted positions. This list is kept current, with newest jobs listed first. Please be sure to [apply for a work permit](#) if you are under 18 years of age. Instructions are also on the [Jobs for Students page](#).

Please contact Jane Lizotte at jlizotte@shrewsbury.k12.ma.us or Kathleen Keohane at kkeohane@shrewsbury.k12.ma.us with questions regarding the upcoming Shrewsbury High School Summer Employment Job Fair. Thank you for your time and attention.

6. Save the Date – Shrewsbury Education Foundation Trivia Night, April 29th

The Shrewsbury Education Foundation is excited to announce the in-person return of its annual Trivia Night. The SEF Trivia Night will be held on Saturday, April 29th at 6:30 p.m. at Borgatti Bar at Whole Foods in Shrewsbury. This event will be hosted by Jon Wensky. The cost to participate is \$20 per person with a team maximum of 4 people. All proceeds benefit the Shrewsbury Education Foundation, an all-volunteer organization that raises money to fund grants which put resources and programs directly into the classroom.

[Click here](#) to register your team today. For more information on SEF Trivia Night and to learn more about the Shrewsbury Education Foundation, visit SEFgrants.org.

7. Please Note – Shrewsbury Robotics Annual Blood Drive

Shrewsbury Robotics and Shrewsbury High School FRC Robotics Team 467 are proud to sponsor our 3rd Annual Virtual Blood Drive. The Red Cross has to collect 15,000 blood donations every day to have enough blood to help patients in 2,700 medical facilities across the country. That's a lot of patients in need, and all of us, coming together, can help ensure patients

receive life-saving blood. Use [our link](#) or search for "robot blood drive 2023" to pledge to donate, then open your American Red Cross account (or create one if you don't have one) to schedule your appointment. It will ask for your zip code and give you options for appointments near you. SleevesUp and help us reach our goal of 100 donations!

Community Items

1. Save the Date – Shrewsbury Youth Soccer Trivia Night, May 12th (New)

Shrewsbury Youth Soccer is hosting a Trivia Night Fundraiser to raise money for improvements at Glavin Field. The event is Friday May 12th at 7:00 p.m. at the Scandinavian Athletic Club. Please join us for some fun trivia and to raise money for a good cause! Tickets will only be sold on-line and are not available on the day of the event. Tickets and more information [here](#).

2. Save the Date – Shrewsbury Town Takeover Day at the Woo Sox, April 26th (New)

Get your Woo Sox tickets! Woo Sox Shrewsbury Town Takeover Day is on April 26th at 6:45 p.m.! Show your community pride and watch as some of our students and your neighbors make this a truly Shrewsbury Hometown Experience! \$5 of every ticket goes to Shrewsbury Youth & Family Services, Inc. (SYFS). Tickets can be purchased [here](#). See the [flier](#) for more information.

3. Save the Date – Shrewsbury Historical Society Presentation, April 26th (New)

Shrewsbury Historical Society presents "Stories in Stone: Historic Gravestones at Mt. View Cemetery" by Linda Davis and Martha Thomas on Wednesday, April 26th at 7:00 p.m. at the Shrewsbury Historical Society (17 Church Road).

The Old Southeast Corner of Mt. View Cemetery is located within Shrewsbury's Historic District and is listed on the National Register of Historic Places. Join us as we share rare archival photographs from the Farber Collection of the oldest gravestones at Mt. View, dating back to the 1700's, and hear the stories about their symbolism, carvers and importance as a historical resource that documents the life stories of residents from our town's past.

Linda Davis and Martha Thomas, both lifelong residents of Shrewsbury, currently serve on the Executive Board of the Shrewsbury Historical Society. Linda is the Curator, and Martha is a Director. They both served on the Historical Commission. Martha, a ninth generation of the

Hapgood family, was a member of the Historic District Commission too. Linda and Martha share a decades-long interest in preserving the historic gravestones at Mt. View Cemetery.

4. [Save the Date](#) – League of Women Voters Candidates’ Night Forum, April 24th (New)

The Grafton-Shrewsbury League of Women Voters presents the Candidates’ Night Forum on Monday, April 24th at 6:00 p.m. at Oak Middle School’s auditorium. Audience participation is encouraged. The Candidates’ Night Forum will be covered live by Shrewsbury Media Connection and recorded to be aired before Election Day on May 2nd and available on YouTube. Please [click here](#) for the flier.

The League of Women Voters is dedicated to encouraging citizen participation in government and providing information to voters so that they may make educated decisions.

5. [Save the Date](#) – Autism Awareness Touch-a-Truck Event, April 22nd (New)

The Shrewsbury Police Department cordially invites you to join us for our first annual sensory-friendly Autism Awareness Touch-a-Truck Event! This event will take place on Saturday, April 22nd from 12:00 to 4:00 p.m. at the UMass Chan Parking Lot on 333 South Street.

6. [Please Note](#) – Shrewsbury Parks & Recreation Spring & Summer Programs

[Online Registration](#) - Currently accepting registration for spring and summer programs listed below. Additional programs to be added throughout April. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

[Adult Bodyweight Boot Camp](#) - Tuesdays starting May 2nd from 6:00 to 6:50 p.m. at Dean Park. Cost is \$80.

[Begin to Spin](#) - A great intro class option to see if you like spinning! One class on Saturday, April 1st from 9:30 to 10:25 p.m. at Core Connection Spin Studio. Cost is \$15.

[Adult Rhythm & Ride Spin](#) - Monday or Wednesday morning classes at Core Connection Spin Studio. Visit our website for fees, times, dates and schedules.

[Tai Chi](#) - Wednesdays starting April 5th from 5:30 to 6:30 p.m. for 10 classes. Cost is \$60 for a resident.

Crew Rowing (Learn to Row) - For grades 8-12, four days each session. There are four sessions offered during the weeks of 6/26-6/29 and 7/24-7/27. Choose between the 8:00 a.m. or 11:00 a.m. class. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$225.

Youth Sailing - Offering sessions the week of 7/17 or 8/7 from 9:00 a.m. to 4:00 p.m. for ages 9-12. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$495.

Junior Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Adult Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Youth Summer Basketball League - Tuesday evenings starting June 20th at Shrewsbury High School gymnasium. Cost is \$84.

Archery Spring & Summer Sessions - Visit our website for fees, dates and schedules.

Summer Playground - We are offering 6 weeks this summer starting on June 26th. Parents have weekly options and AM/PM add-ons to each week! Weekly program information is now available on our website.

Youth Flag Football - Wednesday evenings starting June 21st at Sherwood Middle School field. Cost is \$65.

Youth/Adult Summer Tennis Sessions - Visit our website for fees, times, dates and schedules. Classes start the week of June 12th.

Visit our website! shrewsburyma.myrec.com Create a new account if you have not done so within the past year.

7. Please Note – Shrewsbury Public Library Events (New)

50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second

and fourth Wednesday evenings. Registration is required for each session (register [here](#) for morning sessions; register [here](#) for evening sessions).

The April topics are:

- Create a LinkedIn Profile (April 12th)
- LinkedIn and Personal Branding (April 19th & 26th)

This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration [here](#).

Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get set up and familiar with the Libby app on Thursday, May 11th at 5:30 p.m.

Registration is required; please visit our [events calendar](#) to sign up for your preferred date.

SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our [events calendar](#) to check dates (April 18, 25; May 2, 9, 16, 23, 30).

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro [calendario de eventos](#) para verificar citas (18 y 25 de abril; 2, 9, 15, 23 & 30 de mayo).

Meditation for a More Balanced Life

Join the Shrewsbury Public Library on Tuesday, April 11th at 7:00 p.m. for this powerful virtual meditation program. People all over the world are tuning into meditation to help them lead a more peaceful and healthy lifestyle. Scientific studies have proven that the practice of meditation provides a deep relaxation to the body that helps reduce stress and tension. Meditation is the key to a more balanced life. Please join Ajili Hodari, Esq., longtime meditator, to learn a simple and natural method of meditation that will help enhance your life. Ajili Hodari, Esq., practices law in Seattle, WA and manages his own firm, Hodari Law Office, PLLC. Ajili has spoken about all aspects of meditation in numerous venues throughout the country. This program will take place virtually on Zoom; please [register](#) to attend.

Unlike Any Other: The Life and Times of Bathsheba Spooner

On Thursday, April 13th at 7:00 p.m., join the Shrewsbury Public Library with Ed Londergan, author of *Unlike Any Other*, a biographical novel about Bathsheba Spooner, for this talk about

Spooner's life and times. Bathsheba was the daughter of Timothy Ruggles, French and Indian War general, president of the Stamp Act Congress, and a leading loyalist in Massachusetts during the Revolutionary War. Like him, Bathsheba was smart, strong-willed, and a staunch British loyalist. Forced to marry a man she didn't love, Bathsheba withstood her husband's abuse for years until a young Continental soldier entered her life. But when this well-heeled mother of three discovered she was pregnant with the soldier's child, her thoughts turned to murder. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please [register](#) to attend.

The Disappearance of Dr. Parkman: Blood & Ivy at the Harvard Medical School

Join the Shrewsbury Public Library on Saturday, April 15th at 2:00 p.m. to learn about the 1849 murder case of Dr. George Parkman in Boston, one of the most sensational trials of the 19th century. This case had it all: a grisly murder, a dismembered corpse, a wealthy victim, a respected suspect, a questionable lead witness for the prosecution, and unusual court proceedings. In this talk, Presenter Justice Dennis J. Curran (ret.) will examine the lawyers, the judges, the problems with the case, and its oddities. The forensics of the case, one of the first trials to allow scientific evidence as testimony, will also be explored. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please [register](#) to attend.

Author Christopher Morash Discusses Dublin - The Place and the Literature!

Join author and professor at Trinity College (Ireland), Christopher Morash, on Saturday, April 15th at 10:00 a.m. as he discusses his book, *Dublin: A Writer's City*. Beyond the footsteps of James Joyce's characters, around the city center, an ordinary-looking residential street overlooking Dublin Bay, for instance, presents the house where Nobel Laureate Seamus Heaney lived for many years; just down the coast is a pier linked to Samuel Beckett. Step-by-step, *Dublin: A Writer's City* unfolds a book-lover's map of this unique city, inviting us to experience what it means to live in a great city of literature. This program is sponsored by the Friends of the Ashland Public Library and is a collaboration between a multitude of MA Libraries. This program will take place virtually on Zoom; please [register](#) to attend.

Indoor Mushroom Growing

Join the Shrewsbury Public Library on Thursday, April 20th at 7:00 p.m. for this virtual workshop on growing mushrooms. Did you know that gourmet mushrooms can cost \$30 per pound in the store? Learn how to grow your own using limited space. Presenter Isaiah Chavez is an accomplished mushroom farmer from Colorado. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place virtually on Zoom; please [register](#) to attend.

Avocado Anxiety and Other Stories with Author Louise Gray

On Saturday, April 22nd, join author Louise Gray at 10:00 a.m. on Zoom for a talk on the questions raised in her new book, *Avocado Anxiety and Other Stories About Where Your Food Comes*. For example, have you ever wondered why we can buy British strawberries in April? How far do you think your green beans traveled to get to your plate? And where do all the

wonky carrots go? Above all, how do we stop worrying about our food choices and start making decisions that make a difference? Join us for this very important discussion as we celebrate Earth Day 2023! This program is sponsored by the [Friends of the Ashland Public Library](#) and is a collaboration between a multitude of MA Libraries. Please [register](#) for this event to receive a Zoom link in the confirmation and reminder emails.

SPL April Movie Matinee: Elvis

Join the Shrewsbury Public Library for our Movie Matinee! A different film will be screened monthly in person at the library on a Saturday at 2:00 p.m. On April 22nd, we'll enjoy a screening of *Elvis* (2022, rated PG-13): "The life of American music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager, Colonel Tom Parker." No registration required. Questions? Please contact Dana Volke at 508-841-4049 or dvolke@cwmars.org.

8. Save the Date – Annual Town Election, May 2nd

Voter Registration Deadline: Friday, April 21st at 5:00 p.m. for the May 2nd Election

How to Register to Vote

- Registering Online: In order to register to vote online, you must have a signature on file with the Registry of Motor Vehicles. If you currently have a Massachusetts driver's license or state ID card, you may use the [online voter registration application](#) to register, update your address, or change your party affiliation. Voter registration forms submitted online must be submitted by midnight on the date of the voter registration deadline.
- Registering by Mail: If you do not qualify to register to vote online, or if you would prefer to register by mail, you may download the [voter registration form](#). The form must be completed, signed, and delivered to the Town Clerk's Office. Voter registration forms submitted by mail must be postmarked no later than April 21, 2023 for the May 2, 2023 election.
- Registering in Person: Register in person at the Town Clerk's Office.

Options for Voting

- Vote at the polls on Tuesday, May 2nd. Polls are open 7:00 a.m. to 8:00 p.m.
- Vote by Mail: A [Vote by Mail Application](#) must be filed with the Town Clerk's office in order to receive a ballot by mail. The deadline to apply is 5:00 p.m. on Tuesday, April 25th. All completed ballots must be received by the close of polls on Tuesday, May 2nd at the Town Clerk's Office.
- Vote by Absentee Ballot: [Absentee ballots application](#) by mail must be received by 5:00 p.m. on Tuesday, April 25th. The deadline for absentee voting at the counter is 12:00 p.m. on Monday, May 1st. You can find more information on who qualifies for an absentee ballot [here](#). All completed ballots must be received by the close of polls on Tuesday, May 2nd at the Town Clerk's Office. Sample ballots can be found [here](#).

9. Please Note – Shrewsbury Police Youth Academy

The Shrewsbury Police Department is pleased to announce that we will be hosting our 1st Annual Shrewsbury Police Youth Academy this summer! Admission to the Shrewsbury Police Youth Academy is open to Shrewsbury residents entering grades 7-12 in the fall of 2023.

The Shrewsbury Police Youth Academy is a 40-hour program that runs Monday through Friday from 8:00 a.m. to 4:00 p.m. It is scheduled for two different weeks: July 10th through July 14th and July 31st through August 4th.

Topics that will be covered during the academy include: CPR/first aid, firearms safety, constitutional law, drugs/drug recognition, impaired driving, motor vehicle law, defensive tactics, crime scene, K9 demonstrations, and more! Not to mention, attendees will get in their fair share of PT (physical training). We have a long list of highly trained and highly motivated individuals who are getting ready to kick this off!

Applications will be accepted no earlier than April 1st with a deadline of May 1st. Please check out the [Shrewsbury Police Youth Academy flier](#) for more information.

10. Save the Date – Jacob Rogers Memorial Pickleball Tournament, May 13th

Saturday, May 13th is the first annual Jacob Rogers Memorial Pickleball Tournament sponsored by Northboro Park & Recreation Department. 100% of the proceeds will go directly to The Shine Initiative whose mission is to educate teachers, staff, parents, and especially students on how to prioritize mental health, realize you are not alone, and to not be afraid to talk about struggles you may be having. The sign-up for the tournament (48 players) sold out on the first day of offering!

If you would like to contribute to this worthy cause, please [click here](#) and your donation will go directly to The Shine Initiative. Thank you!

11. Please Note – Shrewsbury Youth & Family Services Harry Potter Program, April 18-21

Welcome to Harry Potter and the Enchanters, a program for kids who want to learn about mental health and have a love for the Harry Potter series written by J.K. Rowling. Throughout the Harry Potter books and movie series, the main character Harry Potter expresses negative emotions and identifies tools along the way to help him manage those feelings. This program will allow children to learn about mental health, identify tools and coping skills to help manage fears and worries, challenge negative thoughts and identify positive thinking, and explore hopes

and dreams for the future. The program will also include fun activities such as sorting kids in their own Hogwarts house, creating wands, and participating in team building exercises.

This program will run April 18th-21st from 10:00 a.m. to 2:00 p.m. at the Shrewsbury First Congregational Church. The cost is \$100 and the program welcomes children ages 9-11. Please [click here](#) to register.

12. Save the Date – Rotary Recycling Fundraiser, April 16th

Got Junk? Clean out your unwanted, hard-to-recycle items and support the Shrewsbury Rotary Club's Earth Day Recycling Fundraiser being held on Sunday, April 16th from 12:00 to 3:00 p.m. at the Shrewsbury Town Hall. All metals, electronics, power tools, and appliances are accepted. If it has a cord, we'll probably take it! \$40 per car load and low single-item fees. Questions? [View our flier](#) or contact Rotary President Beth Casavant at (508) 641-8174 or bethcasavant@gmail.com.

13. Please Note – Shrewsbury Youth and Family Services Groups

Social Emotional Learning Group

Enrollment is now open for our new 6-week Social Emotional Learning group for children in fifth and sixth grade! Navigating adolescence can feel overwhelming. This group aims to help children feel they have the skills necessary to be successful. It is designed to support adolescents in identifying, understanding, and managing emotional experiences, developing skills to establish and maintain positive relationships, and learning and practicing skills to communicate successfully with others. This will also be an opportunity to engage with peers and foster new friendships! This group is facilitated by a Master's-level clinician.

Social emotional learning has been shown to increase academic success, positive social behavior, and confidence, as well as decrease emotional distress. Developing these skills now will better prepare adolescents to navigate school, friendships, family, and other road bumps life may throw at them!

The six-session group begins on Thursday, April 6th and ends May 18th (no group over April break). All sessions will be held from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note: we will not be able to accept new group members after the second session.

Art Therapy Group

Enrollment is now open for our new 6-week Art Therapy group for high school students! The intention of this group is to create a safe place for youth to experience and creatively express their emotions, as well as cultivate opportunities for self-expression, mindfulness, acceptance,

and self-compassion. The art therapy exercises will include a variety of techniques ranging from collaging and textiles to drawing, painting, sculpting, and writing. Youth will walk away with some really cool artwork, but the focus will be on the process, not the product. They will learn to let go of critical thoughts and judgements that could impede the creative process. Navigating the challenges of adolescence today is hard and this group will be a place where youth can increase coping and social skills through creative expression. No artistic expertise necessary! The group will be led by a local Visual Arts Educator/Certified Therapeutic Art Life Coach and an SYFS Clinician and will be free of charge.

The six-week session begins on Wednesday, April 12th and all sessions will be held from 3:45 to 4:45 p.m. For questions and registration, please email ARobinson@syfs-ma.org. Please note that we will not be able to accept new group members after the second session.

Youth Athletics and Activities

1. Please Note – Shrewsbury High School Blue & Gold Baseball Clinic (New)

The Shrewsbury High School varsity baseball team will be holding its annual Blue & Gold Baseball Clinic on Wednesday, April 19th at the Shrewsbury High School Baseball Field. The clinic is for kids in grades 1-8. Attendees will participate in drills and receive instruction from the Shrewsbury High School coaching staff and players. The cost is \$40 and will run from 9:00 to 11:30 a.m. Please [click here](#) for the application. For questions and further information, please call Lee Diamantopoulos at (508) 560-2124 or email at ldiamantopoulos@shrewsbury.k12.ma.us.

2. Please Note – Shrewsbury American Youth Football and Cheer Organization (New)

With the best interest of all levels of Shrewsbury football in mind, SAYFCO will once again be offering 7th grade football. After some surveys, it was unanimous and clear that both parents and players thought it made sense for SAYFCO to offer a 7th grade team. Based on these results, there have been extensive discussions between SAYFCO and the Shrewsbury Public Schools football programs on how we can work together to provide the best football experience to our players and families. Please [visit our website](#) for our full statement and be on the lookout for fall registration coming soon!

3. Please Note – Shrewsbury High School Volleyball Clinic

The Shrewsbury High School volleyball program invites girls in grades 5th through 8th to join them for volleyball fun at the annual volleyball clinic on June 7th, 8th, and 9th from 5:00 to 7:00 p.m. in the Shrewsbury High School gymnasium. The clinic will be run by Head coach Brett Crandall and the rest of the Shrewsbury High School volleyball program. We will work on passing, hitting, setting, serving, defense, positioning, blocking, and digging.

Each camper gets a Shrewsbury volleyball t-shirt as part of their registration. The cost is \$85 per person with a discounted rate for siblings (\$85 for the first, \$75 for each additional sibling). Please [click here](#) to sign up. If you have any questions, please email bcrandall@shrewsbury.k12.ma.us.

4. Please Note – Shrewsbury Little League Challenger Division Looking for Buddies

We are looking for “buddies” or peer athletes that can volunteer their time for both practices and games. As a buddy, you will be assigned to a player and you will attend their practice session and game. You are welcome to be a buddy for more than one player and attend multiple practices and games. This is a great volunteer opportunity to be part of the Challenger Division, a separate division of Little League designed to enable boys and girls with physical and intellectual disabilities to enjoy the full benefits of Little League participation. Learn more [here](#).
