



Community Bulletin

March 20th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

School District Items

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2. [Save the Date](#) – Community Members Needed for Oak Middle School Career Day, April 4th **(New)**
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Community Items

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School District Items

1. [Save the Date](#) – Shrewsbury Education Foundation Trivia Night, April 29th (New)

The Shrewsbury Education Foundation is excited to announce the in-person return of its annual Trivia Night. The SEF Trivia Night will be held on Saturday, April 29th at 6:30 p.m. at Borgatti Bar at Whole Foods in Shrewsbury. This event will be hosted by Jon Wensky. The cost to participate is \$20 per person with a team maximum of 4 people. All proceeds benefit the Shrewsbury Education Foundation, an all-volunteer organization that raises money to fund grants which put resources and programs directly into the classroom.

[Click here](#) to register your team today. For more information on SEF Trivia Night and to learn more about the Shrewsbury Education Foundation, visit SEFgrants.org.

2. [Save the Date](#) – Community Members Needed for Oak Middle School Career Day, April 4th (New)

On April 4th, Oak Middle School will be hosting a Career Day for all 7th grade students, providing them with an opportunity to speak with a professional in a chosen field they are researching.

We have gathered 40+ professionals in a variety of fields, but are still looking to fill a few specific roles. Professionals would gather at Oak starting at 8:30 a.m. and would sit with 2 different small groups of students for 30-minute sessions at 9:00 a.m. and 9:40 a.m. The day would conclude around 10:15 a.m. More information can be found on the [Oak Middle School Career Day webpage](#).

We are still looking for a professionals in these areas:

- Sports managers / coaches / owners
- Architect / CAD
- EMT
- Pediatrician

- Chef / Baker
- Engineers (aero-space and electrical)
- Video game designers
- Animator

If you would like to volunteer, please complete [this form](#) and someone will be in touch with you! If you have any questions, please contact Lisa Daly, ldaly@shrewsbury.k12.ma.us. Thank you!

3. Save the Date – Support for SHS Students to Attend DECA International Career Development Conference

The Shrewsbury High School DECA (Distributive Education Clubs of America) Team is in its inaugural year and is seeking financial support from business partners and community members for an upcoming international competition! This past weekend, 12 members of Shrewsbury High School's DECA Team competed at the state tournament with numerous successes. Five students were state finalists and qualified for the ICDC international tournament in Orlando, Florida. While we hope that all of the five students are able to participate, the cost for each person to attend is \$2,000 (includes all room, food, event, and airfare costs). As DECA is a first-year chapter, there are currently inadequate funds to support the total cost for all five students to attend, making it highly unlikely that all student competitors will be able to participate.

Please contact Jane Lizotte, Assistant Superintendent for Community Partnerships & Well-Being, at jlizotte@shrewsbury.k12.ma.us, if you are able to donate to this effort in order to defray the cost for one or more students to attend.

DECA proudly sponsors over 173,000 high school members in 5,000 classrooms, in 3,200 schools across the world. Student team members are preparing for careers in marketing, finance, hospitality, management, and entrepreneurship. DECA's objective is to support the development of marketing and management skills in career areas such as hospitality, finance, sales and service, business administration, and entrepreneurship. Programs and activities are tailored to the specific career interest of students and include technical skills, basic scholastic and communication skills, human relations and employability skills, and a strong emphasis on economics and free enterprise. DECA Inc. is a 501(c)(3) not-for-profit student organization with more than 177,000 members in all 50 United States, Canada, Guam, Puerto Rico and Germany. The United States Congress, the United States Department of Education and state, district and international departments of education authorize DECA's programs.

4. Save the Date – Shrewsbury High School Summer Job Fair for Students, April 27th

Dear high school students, parents, caretakers, and community business partners: Are you seeking summer employment or hard-working employees? If so, please join local businesses that are seeking to employ students over the summer months. The Shrewsbury High School Summer Job Fair will be held in the Shrewsbury High School Commons on Thursday, April, 27th, from 2:00 to 3:00 p.m. You may also refer to [this published list](#) of available jobs in our community.

Every job listing contains a brief job description, instructions for how to apply for the job, and the contact person. Interested students should connect with the employer directly to apply for the posted positions. This list is kept current. Please be sure to [apply for a work permit](#) if you are under 18 years of age. Instructions are also on the [Jobs for Students page](#). Please contact Jane Lizotte at jlizotte@shrewsbury.k12.ma.us or Kathleen Keohane at kkeohane@shrewsbury.k12.ma.us with questions regarding the upcoming Shrewsbury High School Summer Employment Job Fair. Thank you for your time and attention.

5. Save the Date – Safety Care for Families Program, April 5th & 12th

Safety Care for Families is a training program for family members and other stakeholders working with behaviorally challenging individuals in a home or home-like setting. This innovative course provides an adapted version of the Safety Care curriculum, designed to provide parents, family members, and others with the skills and interventions needed to improve behavior and to prevent, minimize, and manage potentially dangerous incidents.

Shrewsbury Public Schools is proud to offer this two-part (5 hours total) course on Essential Safety Care Skills. These trainings are meant for parents and caregivers who support a child who engages in challenging or unsafe behavior. The program will take place at Beal Elementary School, Room B154 on April 5th and 12th from 6:00 to 8:30 p.m.

Your Trainers: Robert Parry-Cruwys and Colleen Callahan are special education teachers/Board Certified Behavior Analysts (BCBA) working in the Shrewsbury Public Schools. Both are passionate about understanding the functions of behavior to support safe and effective teaching techniques that are meaningful to students and their families. Rob and Colleen have trained Safety Care classes for SPS staff for almost 4 years and are excited to share this therapeutic approach with families struggling with problem behavior.

Participants must be over the age of 16 to attend. Please register [here](#). Contact Robert Parry-Cruwys (rparrcruwys@shrewsbury.k12.ma.us) for more information or for questions.

6. Save the Date – Youth Art Month at Worcester Art Museum through April 2nd

This month celebrates Youth Art Month. It is held at the Worcester Art Museum/Higgins Education Wing and is a multimedia exhibit featuring student artwork from communities across central Massachusetts. Youth Art Month is a national celebration emphasizing the value of art education. This year's show is sponsored by the Worcester Art Museum and the Massachusetts Art Education Association.

The exhibit is open to the public from March 1st through April 2nd in the Higgins Education Wing of the Worcester Art Museum. Admission to this exhibit is free.

On Sunday, April 2nd, from 1:00 to 3:00 p.m. there will be a family reception for all artists. The Museum is open Wednesday through Sunday, 10:00 a.m. to 4:00 p.m., should you wish to see other exhibits.

Please [click here](#) to see the list of students who were entered by their art teacher to represent the Shrewsbury Public Schools. Congratulations to all!

7. [Save the Date](#) – Shrewsbury High School Athletic Booster Bowling Fundraiser, March 26th

Shrewsbury High School athletics is hosting its 15th annual Bowling for Boosters event for the community to support our SHS athletic booster club. All of the money that is raised goes directly back to all of the athletes for various wishlists for their teams. The bowling tournament will take place on Sunday, March 26th from 5:00 to 7:00 p.m. at Bowlero Bowling in Shrewsbury. Please [click here](#) for the team registration form and additional information.

Community Items

1. [Save the Date](#) – Jacob Rogers Memorial Pickleball Tournament, May 13th (New)

Saturday, May 13th is the first annual Jacob Rogers Memorial Pickleball Tournament sponsored by Northboro Park & Recreation Department. 100% of the proceeds will go directly to The Shine Initiative whose mission is to educate teachers, staff, parents, and especially students on how to prioritize mental health, realize you are not alone, and to not be afraid to talk about struggles you may be having. The sign-up for the tournament (48 players) sold out on the first day of offering!

If you would like to contribute to this worthy cause, please [click here](#) and your donation will go directly to The Shine Initiative. Thank you!

2. Save the Date – Rotary Recycling Fundraiser, April 16th (New)

Got Junk? Clean out your unwanted, hard-to-recycle items and support the Shrewsbury Rotary Club's Earth Day Recycling Fundraiser being held on Sunday, April 16th from 12:00 to 3:00 p.m. at the Shrewsbury Town Hall. All metals, electronics, power tools, and appliances are accepted. If it has a cord, we'll probably take it! \$40 per car load and low single-item fees. Questions? [View our flier](#) or contact Rotary President Beth Casavant at (508) 641-8174 or bethcasavant@gmail.com.

3. Please Note – Shrewsbury Youth and Family Services Social Emotional Learning Group (New)

Enrollment is now open for our new 6-week Social Emotional Learning group for children in fifth and sixth grade! Navigating adolescence can feel overwhelming. This group aims to help children feel they have the skills necessary to be successful. It is designed to support adolescents in identifying, understanding, and managing emotional experiences, developing skills to establish and maintain positive relationships, and learning and practicing skills to communicate successfully with others. This will also be an opportunity to engage with peers and foster new friendships! This group is facilitated by a Master's-level clinician.

Social emotional learning has been shown to increase academic success, positive social behavior, and confidence, as well as decrease emotional distress. Developing these skills now will better prepare adolescents to navigate school, friendships, family, and other road bumps life may throw at them!

The six-session group begins on Thursday, April 6th and ends May 18th (no group over April break). All sessions will be held from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note: we will not be able to accept new group members after the second session.

4. Save the Date – Full Moon Walk, April 3rd (New)

An early spring night under a full moon! Perfect for a stroll around the west side of Jordan Pond with the Shrewsbury Trails Committee, who will present a little information on moons in the solar system as well as our own neighbor. Local amateur astronomer, Chris Williams, will provide a telescope and guidance for close-up viewing. The walk is suitable for all ages and the path is paved.

Join us on Monday, April 3rd from 7:30 to 8:30 p.m. We will meet at the tennis courts behind Calvin Coolidge School on Florence Ave. just off South Quinsigamond. Hope to see you there!

The rain date, if Monday night is too cloudy to see the moon, will be Wednesday, April 5th. For more information, email the Trails Committee at trails01545@gmail.com.

5. Save the Date – Community Preservation Meeting, April 3rd (New)

Join the Community Preservation Committee on Monday, April 3rd at 7:00 p.m. in the Shrewsbury Town Hall to provide input on community needs relating to open space, recreation, historic preservation, and community housing. Your comments are welcome!

6. Please Note – Shrewsbury Historical Society Scholarship (New)

The Shrewsbury Historical Society is pleased to announce two scholarships for Class of 2023 high school seniors who attend public or private high schools in Shrewsbury and reside in Shrewsbury. Each scholarship award is \$500.

The Shrewsbury Historical Society Stephen Porter Scholarship is awarded in memory of Stephen Porter, a longtime member who was involved in the restoration of the District #5 Schoolhouse.

The Shrewsbury Historical Society Jean McDonald Graham Scholarship is awarded in memory of Jean Graham, a longtime member dedicated to educating students about local history.

Students who are currently seniors in high school in Shrewsbury, reside here, and anticipate being accepted into a four-year college this spring are invited to apply for the scholarships. Applications and additional requirements can be found online at shrewsburyhistoricalsociety.org. Completed applications and support materials are due March 31st.

7. Please Note – Shrewsbury Parks & Recreation Spring & Summer Programs (New)

Online Registration - Currently accepting registration for spring and summer programs listed below. Additional programs to be added throughout March/April. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Crew Rowing (Learn to Row) - For grades 8-12, four days each session. There are four sessions offered during the weeks of 6/26-6/29 and 7/24-7/27. Choose between the 8:00 a.m. or 11:00 a.m. class. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$225.

Youth Sailing - Offering sessions the week of 7/17 or 8/7 from 9:00 a.m. to 4:00 p.m. for ages 9-12. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$495.

Junior Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Adult Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Youth Summer Basketball League - Tuesday evenings starting June 21st at Shrewsbury High School gymnasium. Cost is \$84.

Archery Spring & Summer Sessions - Visit our website for fees, dates and schedules.

Summer Playground - We are offering 6 weeks this summer starting on June 26th. Parents have weekly options and AM/PM add-ons to each week! Weekly program information is now available on our website.

Youth Flag Football - Wednesday evenings starting June 21st at Sherwood Middle School field. Cost is \$65.

Youth/Adult Summer Tennis Sessions - Visit our website for fees, times, dates and schedules. Classes start the week of June 20th.

Visit our website! shrewsburyma.myrec.com Create a new account if you have not done so within the past year.

8. Please Note – Shrewsbury Public Library Events (New)

50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on the first and third Wednesday mornings each month, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session ([register here](#) for morning sessions; [register here](#) for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries.

Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab; we'll get you set up and familiar with the Libby app. Dates include:

Friday, April 7th at 2:30 p.m.

Thursday, May 11th at 5:30 p.m.

Registration is required; please visit the library's events calendar to sign up for your preferred date.

Spanish Conversation Club

Are you looking for a casual space where you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club (most) Tuesdays at the Shrewsbury Public Library at 6:00 p.m. (in the Learning Lab on the second floor). No registration required. Visit [our events calendar](#) to confirm dates (Tuesdays the 21st & 28th in March).

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio. No es necesario registrarse. Visita [nuestro calendario de eventos](#) para verificar citas (martes 21 y 28 de marzo).

Tech Tuesday: 3-D Printing Basics

Join the Shrewsbury Public Library in the Learning Lab at 6:00 p.m. for a special edition of Tech Tuesday! At the March 21st class, we will be covering 3-D Printing Basics. Attendees will gain an understanding of how 3-D printing works, its capabilities, and its limitations. Use TinkerCAD, a free 3-D modeling software, to find, design, and alter 3-D models. Then, learn how to bring them to life with the library's 3-D printing team! Basic computer skills recommended; laptops will be provided. Space is limited, so [registration](#) is required.

SPL Movie Matinee: Hidden Figures

Join the Shrewsbury Public Library for our Movie Matinee! A different film will be screened monthly in person at the library on a Saturday at 2:00 p.m. On March 25th, we'll celebrate Women's History Month with a screening of Hidden Figures (2016 | Rated PG): "The story of a team of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program." No registration required.

Youthful Aging. Ageless Consciousness Through Meditation

Join the Shrewsbury Public Library on Thursday, March 23rd at 7:00 p.m. with Matthew Raider, MD, who will present a threefold method of maintaining youthful function in advancing age. He will discuss the medical evidence regarding exercise, diet, and meditation for modifying the aging process.

Dr. Raider is a clinical physician and coordinating director of the Geriatric Teaching Program in Family Medicine at Middlesex Hospital in Connecticut. As a physician and long-time meditator, he has a strong interest in meditation and its relationship to health and disease prevention/treatment. Dr. Raider has lectured extensively on the subject in hospitals and other venues in the U.S. and Canada and recently spoke at the United Nations. He is also a contributing author of the best-selling book, "Meditation as Medication for the Soul."

This program will take place in person at the library; please register to attend [here](#).

Learn All About Fixit Clinics! The How and Why of Bringing One to Your Community

On Tuesday, March 28th at 1:00 p.m. Peter Mui, founder of the Fixit Clinic, and Kathi Mirza, an Environmental Analyst for MassDEP, will join us on Zoom to explain the nuts and bolts of hosting or attending a [Fixit Clinic](#) in your very own community! Peter will discuss the resources his organization offers to get a clinic established and the repair movement. Kathi will discuss local sources that libraries and community members can access to support Fixit Clinic programming. Meena Jain, Director of the Ashland Library, will discuss the Fixit Clinics the APL has hosted and the impact they've had.

Please [register](#) to receive the Zoom link in the confirmation and reminder emails. This program is sponsored by the [Friends of the Ashland Public Library](#) and is a collaboration between a multitude of MA Libraries.

Black Rodeo: A History of the African American Western with author Mia Mask

African American Westerns have a rich cinematic history and visual culture. Join author Mia Mask on Zoom on Wednesday, March 29th at 7:00 p.m. as she examines the African American Western hero within the larger context of film history by considering how Black Westerns evolved and approached wide-ranging goals. Mask moves from these discussions to consider blaxploitation Westerns and an analysis of Jeff Kanew's hard-to-find 1972 documentary about an all-Black rodeo. A first-of-its kind survey, Black Rodeo illuminates the figure of the Black cowboy while examining the intersection of African American film history and the Western.

Please [register](#) for this event to receive the Zoom link in the confirmation and reminder emails. This program is sponsored by the [Friends of the Ashland Public Library](#).

SPL Movie Discussion Club April

Join the Shrewsbury Public Library Movie Discussion Club every first Tuesday of the month at 7:00 p.m. on Google Meet! Intended for film fans 18 and older.

Watch the "Movie of the Month" on your own time and then meet with us virtually to discuss. The April 4th film is *Only God Forgives* (2013; rated R). Shrewsbury residents may [view the movie here](#) on Kanopy (create an account/log in with your library card to access Kanopy); non-residents of Shrewsbury should sign up for/access Kanopy through their home library, i.e.,

the library in the town in which they reside, or by signing up for a Boston Public Library e-card: <https://www.bpl.org/ecard>. Attendees are also free to find an alternative way to watch.

[Register here](#) to receive an email the day before the discussion date with the Google Meet link. Contact Dana Volke with any questions at (508) 841-8609 x4049 or dvolke@cwmars.org.

9. Please Note – Shrewsbury Youth & Family Services Harry Potter Program, April 18-21

Welcome to Harry Potter and the Enchanters, a program for kids who want to learn about mental health and have a love for the Harry Potter series written by J.K. Rowling. Throughout the Harry Potter books and movie series, the main character Harry Potter expresses negative emotions and identifies tools along the way to help him manage those feelings. This program will allow children to learn about mental health, identify tools and coping skills to help manage fears and worries, challenge negative thoughts and identify positive thinking, and explore hopes and dreams for the future. The program will also include fun activities such as sorting kids in their own Hogwarts house, creating wands, and participating in team building exercises.

This program will run April 18th-21st from 10:00 a.m. to 2:00 p.m. at the Shrewsbury First Congregational Church. The cost is \$100 and the program welcomes children ages 9-11. Please [click here](#) to register.

10. Please Note – Friends of the Shrewsbury Public Library Scholarship, due April 3rd

The Friends of the Shrewsbury Public Library is pleased to announce the sponsorship of their annual scholarship. This scholarship, in the amount of \$1,500, will be awarded to a graduating high school senior who resides in Shrewsbury and is continuing his/her education as a full-time student toward a bachelor's or associate's degree.

The application deadline is April 3rd. Scholarship applications may be picked up at your school's guidance department, the Shrewsbury Public Library, or from the [library's website](#).

11. Please Note – Women in STEM Conference, April 1st

On behalf of the Northborough Junior Women's Club, we are excited to inform you that the 2023 Women in STEM Conference for middle school girls will be in person this year! This conference historically fills to capacity very quickly and there is always a waiting list. Registration closes on March 24th.

On Saturday, April 1st, the Northborough Junior Women's Club will be hosting the 15th Women in STEM Conference for middle school girls at Algonquin Regional High School. This free

conference is open to all 5th to 8th grade girls and seeks to actively engage and empower these preadolescent girls with STEM workshops presented by dynamic women role models working in the fields of science, technology, engineering, and math. For more information, please see the [registration letter and form](#).

12. Save the Date – First Congregational Church of Shrewsbury Event

Ensemble Aubade

Arts on the Green presents “Old World, New World Soundscapes” performed by Ensemble Aubade at the First Congregational Church of Shrewsbury on Saturday, March 25th at 4:00 p.m. This lovely concert of chamber music composed by European and American masters is supported in part by a grant from the Shrewsbury Cultural Council, a local agency, which is supported by the Mass Cultural Council, a state agency. A free will offering will be gratefully accepted. Directions and more information can be viewed at www.fccsm.org.

13. Please Note – Shrewsbury Police Youth Academy

The Shrewsbury Police Department is pleased to announce that we will be hosting our 1st Annual Shrewsbury Police Youth Academy this summer! Admission to the Shrewsbury Police Youth Academy is open to Shrewsbury residents entering grades 7-12 in the fall of 2023.

The Shrewsbury Police Youth Academy is a 40-hour program that runs Monday through Friday from 8:00 a.m. to 4:00 p.m. It is scheduled for two different weeks: July 10th through July 14th and July 31st through August 4th.

Topics that will be covered during the academy include: CPR/first aid, firearms safety, constitutional law, drugs/drug recognition, impaired driving, motor vehicle law, defensive tactics, crime scene, K9 demonstrations, and more! Not to mention, attendees will get in their fair share of PT (physical training). We have a long list of highly trained and highly motivated individuals who are getting ready to kick this off!

Applications will be accepted no earlier than April 1st with a deadline of May 1st. Please check out the [Shrewsbury Police Youth Academy flier](#) for more information.

Youth Athletics and Activities

1. Please Note – Central Mass NFL Flag Football League

New England's fastest growing Flag Football program, Central Mass Flag, has found a new home in the beautiful town of Shrewsbury! Registration is now open!

With NFL Flag games scheduled for Sundays this Spring, all games and practices will be held at Saint John's High School. Register while you can!

Central Mass Flag Football is a co-ed NFL Flag Football league serving the Central Mass area. With locations throughout Massachusetts and now in Shrewsbury, Central Mass offers co-ed teams to girls and boys ages 3-15. Our fall, winter, spring, and summer sessions have been established to teach the fundamentals of football through a focused approach to development. Flag football is a fun and safe sport, allowing all kids to be able to come together, learn football, and most importantly have fun!

For more information, please [click here](#) for the flier. Please feel free to reach out to League Director Rich Archer at rich@worcesterflag.com and/or Assistant League Director James King at play@centralmassflagworcester.com.

2. Please Note – Shrewsbury Youth Soccer Spring Season

Registration is still open for the Spring season for all Shrewsbury Youth Soccer in-town teams, pre-kindergarten through grade 4. Our season is scheduled to start in early April and will run through the end of the school year. Please [click here](#) to register.

If you did not register in fall 2022, we have migrated our registration system to Sports Connect. Some important points for registration:

- If you do not currently have a Sports Connect account, you will have to create one and add each of the players you would like to register.
- You do not have to upload a birth certificate.
- If you are ordering a travel uniform, please be sure to select the corresponding fee buttons under Additional Registration Information.
- The Fan Wear Clothing Store that Sports Connect forces you into at the end of the registration process, much like an amusement park where you are dropped into the souvenir shop at the end of the ride, does not offer the travel uniforms. They have to be selected at the top of the registration form.

3. Please Note – Shrewsbury Little League Challenger Division

The Challenger Division is a separate division of Little League designed to enable boys and girls with physical and intellectual disabilities to enjoy the full benefits of Little League participation in an athletic environment structured to their abilities. Playing with the same equipment on the same fields, Challenger Division participants can experience the joys of pulling together as a

team, being cheered, and earning awards for their achievements. Registration is free and open to ages 5 and up. Learn more [here](#).
