



# Community Bulletin

March 13th, 2023

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Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

## School District Items

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2. [Save the Date](#) – Shrewsbury High School Summer Job Fair for Students, April 27th **(New)**
3. [Save the Date](#) – Youth Art Month at Worcester Art Museum through April 2nd **(New)**
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## Community Items

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### **School District Items**

#### **1. [Save the Date](#) – Support for SHS Students to Attend DECA International Career Development Conference [\(New\)](#)**

The Shrewsbury High School DECA (Distributive Education Clubs of America) Team is in its inaugural year and is seeking financial support from business partners and community members for an upcoming international competition! This past weekend, 12 members of Shrewsbury High School's DECA Team competed at the state tournament with numerous successes. Five students were state finalists and qualified for the ICDC international tournament in Orlando, Florida. While we hope that all of the five students are able to participate, the cost for each person to attend is \$2,000 (includes all room, food, event, and airfare costs). As DECA is a first-year chapter, there are currently inadequate funds to support the total cost for all five students to attend, making it highly unlikely that all student competitors will be able to participate.

Please contact Jane Lizotte, Assistant Superintendent for Community Partnerships & Well-Being, at [jlizotte@shrewsbury.k12.ma.us](mailto:jlizotte@shrewsbury.k12.ma.us), if you are able to donate to this effort in order to defray the cost for one or more students to attend.

DECA proudly sponsors over 173,000 high school members in 5,000 classrooms, in 3,200 schools across the world. Student team members are preparing for careers in marketing, finance, hospitality, management, and entrepreneurship. DECA's objective is to support the development of marketing and management skills in career areas such as hospitality, finance, sales and service, business administration, and entrepreneurship. Programs and activities are tailored to the specific career interest of students and include technical skills, basic scholastic and communication skills, human relations and employability skills, and a strong emphasis on economics and free enterprise. DECA Inc. is a 501(c)(3) not-for-profit student organization with more than 177,000 members in all 50 United States, Canada, Guam, Puerto Rico and Germany. The United States Congress, the United States Department of Education and state, district and international departments of education authorize DECA's programs.

## **2. Save the Date – Shrewsbury High School Summer Job Fair for Students, April 27th (New)**

Dear high school students, parents, caretakers, and community business partners: Are you seeking summer employment or hard-working employees? If so, please join local businesses that are seeking to employ students over the summer months. The Shrewsbury High School Summer Job Fair will be held in the Shrewsbury High School Commons on Thursday, April, 27th, from 2:00 to 3:00 p.m. You may also refer to [this published list](#) of available jobs in our community.

Every job listing contains a brief job description, instructions for how to apply for the job, and the contact person. Interested students should connect with the employer directly to apply for the posted positions. This list is kept current. Please be sure to [apply for a work permit](#) if you are under 18 years of age. Instructions are also on the [Jobs for Students page](#). Please contact Jane Lizotte at [jlizotte@shrewsbury.k12.ma.us](mailto:jlizotte@shrewsbury.k12.ma.us) or Kathleen Keohane at [kkeohane@shrewsbury.k12.ma.us](mailto:kkeohane@shrewsbury.k12.ma.us) with questions regarding the upcoming Shrewsbury High School Summer Employment Job Fair. Thank you for your time and attention.

## **3. Save the Date – Youth Art Month at Worcester Art Museum through April 2nd (New)**

This month celebrates Youth Art Month. It is held at the Worcester Art Museum/Higgins Education Wing and is a multimedia exhibit featuring student artwork from communities across central Massachusetts. Youth Art Month is a national celebration emphasizing the value of art education. This year's show is sponsored by the Worcester Art Museum and the Massachusetts Art Education Association.

The exhibit is open to the public from March 1st through April 2nd in the Higgins Education Wing of the Worcester Art Museum. Admission to this exhibit is free.

On Sunday, April 2nd, from 1:00 to 3:00 p.m. there will be a family reception for all artists. The Museum is open Wednesday through Sunday, 10:00 a.m. to 4:00 p.m., should you wish to see other exhibits.

Please [click here](#) to see the list of students who were entered by their art teacher to represent the Shrewsbury Public Schools. Congratulations to all!

## **4. Save the Date – Safety Care for Families Program, April 5th & 12th (New)**

Safety Care for Families is a training program for family members and other stakeholders working with behaviorally challenging individuals in a home or home-like setting. This

innovative course provides an adapted version of the Safety Care curriculum, designed to provide parents, family members, and others with the skills and interventions needed to improve behavior and to prevent, minimize, and manage potentially dangerous incidents.

Shrewsbury Public Schools is proud to offer this two-part (5 hours total) course on Essential Safety Care Skills. These trainings are meant for parents and caregivers who support a child who engages in challenging or unsafe behavior. The program will take place at Beal Elementary School, Room B154 on April 5th and 12th from 6:00 to 8:30 p.m.

Your Trainers: Robert Parry-Cruwys and Colleen Callahan are special education teachers/Board Certified Behavior Analysts (BCBA) working in the Shrewsbury Public Schools. Both are passionate about understanding the functions of behavior to support safe and effective teaching techniques that are meaningful to students and their families. Rob and Colleen have trained Safety Care classes for SPS staff for almost 4 years and are excited to share this therapeutic approach with families struggling with problem behavior.

Participants must be over the age of 16 to attend. Please register [here](#). Contact Robert Parry-Cruwys ([rparrcruwys@shrewsbury.k12.ma.us](mailto:rparrcruwys@shrewsbury.k12.ma.us)) for more information or for questions.

## **5. Save the Date – Community Members Needed for Oak Middle School Career Day, April 4th**

Oak Middle School is actively preparing for Career Day on April 4th between 8:30 and 11:00 a.m. Community partners in various trades and professions are needed for this event. We are hoping to host professionals from approximately 50 different fields. Our 500 7th grade students will be choosing two professionals with whom they will attend a 20-30 minute informational session.

If you have a career in one of these areas and you would like to share your experiences with 7th grade students, please complete [this form](#).

### **Careers**

Medical: Nurses, Pediatrics, Medical Specialist, Sports Doctor, Surgeon, Physical Therapist, Psychologist

Human Services: Mental Health Professional, Teacher

Public Safety/Law: EMT, Police, Fire, Federal Agent, Lawyer,

Trades: Contractor, Interior Design, Realtor, Architect/CAD

Business/Finance: Accountant, Entrepreneur, IT Mgr, Financial Advisor

Art: Animation, Photography

Technology: Video Game Design, Software Engineer, Hardware Engineer, Aerospace Engineer, Electrical Engineer, Biotech

Animal/Wildlife: Biologist/Zoologist

Hospitality/Culinary: Restaurant/Hotel, Chef/Baker

Sports: Sports STEM, Statistics, Managers/Coaches/Owners, Community Relations, Sports Marketing

For more information about Career Day, please see [this document](#). Thank you for your consideration.

## **6. Save the Date – Parenting Strategies Classes Sponsored by Shrewsbury Public Schools**

Shrewsbury Public Schools invites all parents for free Parenting Strategies classes. These classes are for any parent interested in learning more about biological, behavioral, and emotional strategies for parenting in today's world! Click [here](#) for more information and click [here](#) to sign up.

## **7. Save the Date – Shrewsbury High School Performance, *Babes in Arms*, March 16-18th**

The Performing Arts Department is proud to present *Babes in Arms*, a Rodgers and Hart classic. Set at a summer stock theatre on Cape Cod, *Babes In Arms* concerns a group of young apprentices and their conviction to mount an original revue, despite the underhanded attempts of the surly theatre owner to squash their efforts at every turn. Further complications stem from the overbearing stage mother of a beautiful ex-child star and the inflated ego of a hack southern playwright. But of course, the show must go on, and so it does - in a spectacular musical resolution of comeuppance, reconciliation, and romance.

There are three performances this year.

- Thursday, March 16th at 7:00 p.m. - adults are \$15, students are \$10, senior citizens are free (but still need a ticket for a head count)
- Friday, March 17th at 7:00 p.m. - adults are \$15, students and senior citizens are \$10
- Saturday, March 18th at 7:00 p.m. - adults are \$15, students and senior citizens are \$10

If you are interested in attending, please send an email to [theatre@shrewsbury.k12.ma.us](mailto:theatre@shrewsbury.k12.ma.us) to place your order. We will need to know which performance date and what type of ticket you are looking to purchase (adult, student, or senior citizen). Tickets will be held at the door and you can pick them up starting at 6:00 p.m. Please be sure your ticket order is accurate when placing

If you have any questions, you can also [email us](#)! We look forward to seeing you at the show!

## **8. Save the Date – Shrewsbury High School Athletic Booster Bowling Fundraiser, March 26th**

Shrewsbury High School athletics is hosting its 15th annual Bowling for Boosters event for the community to support our SHS athletic booster club. All of the money that is raised goes directly back to all of the athletes for various wishlists for their teams. The bowling tournament will take place on Sunday, March 26th from 5:00 to 7:00 p.m. at Bowlero Bowling in Shrewsbury. Please [click here](#) for the team registration form and additional information.

## **9. Please Note – Shrewsbury Schools Music/Theater Association Scholarships, due March 20th**

The Shrewsbury Schools Music/Theater Association will be awarding seven scholarships to graduating performing arts seniors.

- The Dorothy Bell Scholarship (\$1,000) for graduates with a major in Music or Theater
- The Jack Feldheimer Scholarship (\$1,000) for graduates with a major in Music or Theater
- The Kathleen Viscardi Scholarship (\$1,000) for graduates with a major in Music or Theater
- The Bonnie Narcisi Scholarship (\$500) for graduates with a major in Education
- The Philip Koziara Scholarship (\$500) for graduates with any major
- The Ralph Metcalf Scholarship (\$500) for graduates with any major
- The Myrtle Young Scholarship (\$500) for graduates with any major

Students who are currently a Shrewsbury High School senior, have been a member of one or more regularly scheduled major performing groups for at least three of their high school years, and are accepted to an accredited four year college, university, or performing arts conservatory are invited to apply for the scholarships. Applications and complete requirements can be found online at [mySSMA.com](http://mySSMA.com). Applications and support materials are due March 20th.

## **10. Please Note – Shrewsbury Education Foundation: 2023 John P. Collins Awards Nominations, due March 17th**

The Shrewsbury Education Foundation (SEF) is now accepting nominations for the 2023 John P. Collins Awards for Excellence. These awards honor the exemplary efforts of those dedicated individuals whose work brings to life the mission of the Shrewsbury Public Schools. The award is named for former Superintendent, John P. Collins, PhD, who served for 16 years in Shrewsbury (1978-1994) and exemplified the highest standards of professionalism and a commitment to lifelong learning.

Multiple awards will be presented in the following categories:

- Professional Educator
- Paraprofessional
- Support Staff
- Leadership
- Unsung Hero (Volunteers, PTO, boosters, supporters, fans, helpers)

Anyone who currently works or volunteers in the Shrewsbury Public Schools can be nominated. This includes any staff member or volunteer who you or your child either works with now or has worked with in the past. Just about everyone who's been touched by the Shrewsbury Public Schools at any level can nominate someone. All the nominees receive a copy of the nomination letter and a note of appreciation from SEF.

It's easy to nominate [online](#). Nominations will be accepted until Friday, March 17th and awards will be presented to each recipient in April.

Shrewsbury Education Foundation (SEF) is an all-volunteer organization that raises money to fund grants which put resources and programs directly into the classroom. For more information about the Shrewsbury Education Foundation, please visit [www.SEFgrants.org](http://www.SEFgrants.org).

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### **Community Items**

#### **1. Please Note – Women in STEM Conference, April 1st (New)**

On behalf of the Northborough Junior Women's Club, we are excited to inform you that the 2023 Women in STEM Conference for middle school girls will be in person this year! This conference historically fills to capacity very quickly and there is always a waiting list. Registration closes on March 24th.

On Saturday, April 1st, the Northborough Junior Women's Club will be hosting the 15th Women in STEM Conference for middle school girls at Algonquin Regional High School. This free conference is open to all 5th to 8th grade girls and seeks to actively engage and empower these preadolescent girls with STEM workshops presented by dynamic women role models working in the fields of science, technology, engineering, and math. For more information, please see the [registration letter and form](#).

#### **2. Please Note – Shrewsbury Police Youth Academy (New)**



The Shrewsbury Police Department is pleased to announce that we will be hosting our 1st Annual Shrewsbury Police Youth Academy this summer! Admission to the Shrewsbury Police Youth Academy is open to Shrewsbury residents entering grades 7-12 in the fall of 2023.

The Shrewsbury Police Youth Academy is a 40-hour program that runs Monday through Friday from 8:00 a.m. to 4:00 p.m. It is scheduled for two different weeks: July 10th through July 14th and July 31st through August 4th.

Topics that will be covered during the academy include: CPR/first aid, firearms safety, constitutional law, drugs/drug recognition, impaired driving, motor vehicle law, defensive tactics, crime scene, K9 demonstrations, and more! Not to mention, attendees will get in their fair share of PT (physical training). We have a long list of highly trained and highly motivated individuals who are getting ready to kick this off!

Applications will be accepted no earlier than April 1st with a deadline of May 1st. Please check out the [Shrewsbury Police Youth Academy flier](#) for more information.

### **3. Please Note – Shrewsbury Parks & Recreation Spring & Summer Programs (New)**

Winter Online Registration - Currently accepting registration for some of the Spring programs listed below. Online Summer registration starts March 7th at 10:00 a.m. Additional programs to be added throughout March/April. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Junior Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Social Media (Netiquette) Workshop - Ages 10-15 on Tuesday, March 14th from 7:15 to 8:15 p.m. at Sherwood Middle School Cafeteria. Cost is \$55.

Dodgeball - Mondays starting March 6th at Sherwood Middle School from 6:00 to 7:00 p.m. Cost is \$40.

Preschool/Tots Activities - Now accepting registration for Bitty Basketball, All Sports, Baseball, Tiny Soccer, and lil Dragons Karate.

Adult Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Youth Summer Basketball League - Tuesday evenings starting June 21st at Shrewsbury High School gymnasium. Cost is \$84. Registration opens March 7th.

Archery Spring & Summer Sessions - Visit our website for fees, dates and schedules. Registration opens March 7th.



Summer Playground - We are offering 6 weeks this summer starting on June 26th. Parents have weekly options and AM/PM add-ons to each week! Weekly program information is now available on our website. Registration opens March 7th.

Youth Flag Football - Wednesday evenings starting June 21st at Sherwood Middle School field. Cost is \$65. Registration opens March 7th.

Youth/Adult Summer Tennis Sessions - Visit our website for fees, times, dates and schedules. Classes start the week of June 20th. Registration opens March 7th.

Visit our website! [shrewsburyma.myrec.com](http://shrewsburyma.myrec.com) Create a new account if you have not done so within the past year.

#### **4. Please Note – Shrewsbury Public Library Events (New)**

##### 50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on the first and third Wednesday mornings each month, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session ([register here](#) for morning sessions; [register here](#) for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries.

##### Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab; we'll get you set up and familiar with the Libby app. Dates include:

Friday, April 7th at 2:30 p.m.

Thursday, May 11th at 5:30 p.m.

Registration is required; please visit the library's events calendar to sign up for your preferred date.

##### Spanish Conversation Club

Are you looking for a casual space where you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club

(most) Tuesdays at the Shrewsbury Public Library at 6:00 p.m. (in the Learning Lab on the second floor). No registration required. Visit [our events calendar](#) to confirm dates (Tuesdays the 21st & 28th in March).

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio. No es necesario registrarse. Visita [nuestro calendario de eventos](#) para verificar citas (martes 21 y 28 de marzo).

#### Rose of Glenkerry: A County Wicklow Mystery with Author Robert T. McMaster

To help set the mood for St. Patrick's Day, Massachusetts author Robert T. McMaster will introduce his latest novel, [Rose of Glenkerry: A County Wicklow Mystery](#), on Monday, March 13th at 7:00 p.m. Both a mystery and a touching love story, the book is set amid the incomparable scenery of Ireland's County Wicklow. Bob will read excerpts from his book, accompanied by images and even a little music from the Emerald Isle.

McMaster is a native of Southbridge, Massachusetts, with family ties to Ireland. He has also authored *The Trolley Days* series, set in Massachusetts in the World War I era, and a biography of pioneering dinosaur scientist Edward Hitchcock, *All the Light here Comes from Above: The Life and Legacy of Edward Hitchcock*. This event will take place virtually on Zoom; please [register](#) to attend.

#### Gardening Is Murder with author Neal Sanders

Join the Shrewsbury Garden Club on Tuesday, March 14th at 6:30 p.m. for a "spouse's point of view" of gardening filled with humor and insight from someone who gardens less from an abiding love of horticulture than for the love of a spouse. Good horticultural advice is dispensed, bad advice is debunked. Attendees will leave with a better appreciation of what's going on in the mind of their helpmates. The talk is adapted from presenter Neal Sanders's widely read blog, [The Principal Undergardener](#).

Some of the topics covered include:

- Why so much gardening advice on the internet is awful
- Why you never compute the value of your gardening labor
- Proof that wildlife doesn't watch Walt Disney movies
- Why it requires digging three holes to plant one thing

This program will take place in person at the Shrewsbury Public Library; please [register](#) to attend.

#### An America Divided: Can We Live With One Another? with New Yorker Staff Writer, Emma Green

Join Emma Green, education and academia staff writer at *The New Yorker*, on Tuesday, March 14th at 7:30 p.m. in this exploration of the ways that Americans are divided - politically, religiously, and economically in our communities and even in our families. What has caused these ruptures and what are some ways for us to come back together? Pulling from the many people she has spoken to over the years, as well as her articles on the Federalist Society, the Supreme Court, and Affirmative Action, Emma will lead us in this difficult but essential discussion.

This event is a collaboration with a multitude of MA libraries; sponsored in part by the Friends of the Shrewsbury Public Library and the Friends of the Ashland Public Library. Please [register](#) for this event to receive the link in the confirmation and reminder emails.

### Computer Basics

Do you describe yourself as "not being good with computers"? Are you interested in getting more comfortable with them? Join the Shrewsbury Public Library on March 16th at 3:00 p.m. for a class on computer basics! Attendees will learn how to identify the basic parts of a computer, turn a computer off/on, differentiate between software and hardware, use a mouse, and the basics of using a keyboard. Laptops will be provided. Space is limited, so [registration](#) is required.

### Project Mishoon: An Underwater Archeological Project of the Nipmuc People

Join the Shrewsbury Public Library on Thursday, March 16th at 7:00 p.m. to learn about the efforts of the Nipmuc People to investigate and excavate three mishoonash (traditional dugout canoes) that have been discovered at the bottom of Lake Quinsigamond between Worcester and Shrewsbury. Cheryl Stedtler of the Nipmuc Cultural Preservation, Inc., and Project Mishoon Director, will discuss the historical significance of the mishoonash to the Nipmuc as well as the science behind the process to recover and preserve them.

The Hassanamisco Nipmuc Band holds the reconnaissance permit with the MA Board of Underwater Archaeological Resources; they are the first Indigenous people to hold such a permit. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please [register](#) to attend.

### American Sign Language - 25 Signs Anyone Can Do

Join the Shrewsbury Public Library on Saturday, March 18th at 11:00 a.m. for this workshop to learn 25 basic signs in American Sign Language (ASL). The emphasis is on building a usable sign language vocabulary and learning tips to successfully interact with persons who are Deaf. A handout with videos is provided to support attendees' retention of the signs. An electronic copy will be sent after the start of the class, only to those who attend the class.

This workshop is 1 hour and 15 minutes with an in-person ASL Instructor. Please be aware that this class is taught in the native ASL and will not have sound. In addition, classes are hands-on

and activity focused. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please [register](#) to attend.

### Tech Tuesday: 3-D Printing Basics

Join the Shrewsbury Public Library in the Learning Lab at 6:00 p.m. for a special edition of Tech Tuesday! At the March 21st class, we will be covering 3-D Printing Basics. Attendees will gain an understanding of how 3-D printing works, its capabilities, and its limitations. Use TinkerCAD, a free 3-D modeling software, to find, design, and alter 3-D models. Then, learn how to bring them to life with the library's 3-D printing team! Basic computer skills recommended; laptops will be provided. Space is limited, so [registration](#) is required.

### Youthful Aging. Ageless Consciousness Through Meditation

Join the Shrewsbury Public Library on Thursday, March 23rd at 7:00 p.m. with Matthew Raider, MD, who will present a threefold method of maintaining youthful function in advancing age. He will discuss the medical evidence regarding exercise, diet, and meditation for modifying the aging process.

Dr. Raider is a clinical physician and coordinating director of the Geriatric Teaching Program in Family Medicine at Middlesex Hospital in Connecticut. As a physician and long-time meditator, he has a strong interest in meditation and its relationship to health and disease prevention/treatment. Dr. Raider has lectured extensively on the subject in hospitals and other venues in the U.S. and Canada and recently spoke at the United Nations. He is also a contributing author of the best-selling book, "Meditation as Medication for the Soul."

This program will take place in person at the library; please register to attend [here](#).

### SPL Movie Matinee: Hidden Figures

Join the Shrewsbury Public Library for our Movie Matinee! A different film will be screened monthly in person at the library on a Saturday at 2:00 p.m. On March 25th, we'll celebrate Women's History Month with a screening of Hidden Figures (2016 | Rated PG): "The story of a team of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program." No registration required.

## **5. Please Note – Shrewsbury Youth & Family Services Harry Potter Program, April 18-21**

Welcome to Harry Potter and the Enchanters, a program for kids who want to learn about mental health and have a love for the Harry Potter series written by J.K. Rowling. Throughout the Harry Potter books and movie series, the main character Harry Potter expresses negative emotions and identifies tools along the way to help him manage those feelings. This program will allow children to learn about mental health, identify tools and coping skills to help manage fears and worries, challenge negative thoughts and identify positive thinking, and explore hopes

and dreams for the future. The program will also include fun activities such as sorting kids in their own Hogwarts house, creating wands, and participating in team building exercises.

This program will run April 18th-21st from 10:00 a.m. to 2:00 p.m. at the Shrewsbury First Congregational Church. The cost is \$100 and the program welcomes children ages 9-11. Please [click here](#) to register.

## **6. Please Note – Friends of the Shrewsbury Public Library Scholarship, due April 3rd**

The Friends of the Shrewsbury Public Library is pleased to announce the sponsorship of their annual scholarship. This scholarship, in the amount of \$1,500, will be awarded to a graduating high school senior who resides in Shrewsbury and is continuing his/her education as a full-time student toward a bachelor's or associate's degree.

The application deadline is April 3rd. Scholarship applications may be picked up at your school's guidance department, the Shrewsbury Public Library, or from the [library's website](#).

## **7. Save the Date – First Congregational Church of Shrewsbury Events**

### The Underground Railroad in Shrewsbury: Examining the Evidence

The First Congregational Church of Shrewsbury presents "The Underground Railroad in Shrewsbury: Examining the Evidence" on Sunday, March 19th at 11:00 a.m. inside the church in Gifford Hall. This program is free and open to the public. As part of our 300th Anniversary celebration, our historians will present this exciting program exploring the underground railroad in Shrewsbury. Who helped the slaves escape? Where were the rumored tunnels? Who delivered abolitionist speeches from the pulpit? Join us to find out these answers and more! On display will be an underground railroad sampler quilt of secret quilt patterns used as clues to tell the slaves which way to go. Children will hear the story of Peg Leg Joe, design their own underground railroad quilt, and play the game Freedom North! A light brunch will be served. Attendees will receive an Evidence Pack which is essential to the program. Please reserve your Evidence Pack [here](#) or by calling the Church Office at (508) 845-7286. The complete list of free and open to the public events can be viewed at [www.fccsm.org](http://www.fccsm.org).

### Ensemble Aubade

Arts on the Green presents "Old World, New World Soundscapes" performed by Ensemble Aubade at the First Congregational Church of Shrewsbury on Saturday, March 25th at 4:00 p.m. This lovely concert of chamber music composed by European and American masters is supported in part by a grant from the Shrewsbury Cultural Council, a local agency, which is supported by the Mass Cultural Council, a state agency. A free will offering will be gratefully accepted. Directions and more information can be viewed at [www.fccsm.org](http://www.fccsm.org).

## **8. Save the Date – Expedition Bigfoot in Massachusetts with Ronny LeBlanc, March 21st**

Do you believe in Bigfoot? Join us at Oak Middle School on Tuesday, March 21st from 5:00 to 6:00 p.m. Author and researcher Ronny LeBlanc from Expedition Bigfoot: Travel Channel will be there to answer all of your questions. Please [click here](#) for more information.

## **9. Please Note – Shrewsbury Youth & Family Services Divorce Support Group, Starting March 14th**

Enrollment for a NEW Divorce Support Group at SYFS is now open! This 6-week group is for any 7th and 8th grade students who have experienced parental divorce or separation. Topics covered will include: emotions, splitting time with parents, changes, self-care, and more. Group members will build skills to cope with the divorce and build resiliency, as well as learn ways to talk with adults about issues related to the divorce. Children will also have the opportunity to explore the complex emotions and questions about divorce with same-aged peers who share a similar experience.

This is a 6-week group beginning March 14th and will run on Tuesdays from 4:00 to 5:00 p.m. If you are interested in registering your child for this group, please contact Abigail Westerlind at [awesterlind@syfs-ma.org](mailto:awesterlind@syfs-ma.org) to be sure this group is the right for your child's needs.

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## **Youth Athletics and Activities**

### **1. Please Note – Central Mass NFL Flag Football League**

New England's fastest growing Flag Football program, Central Mass Flag, has found a new home in the beautiful town of Shrewsbury! Registration is now open!

With NFL Flag games scheduled for Sundays this Spring, all games and practices will be held at Saint John's High School. Register while you can!

Central Mass Flag Football is a co-ed NFL Flag Football league serving the Central Mass area. With locations throughout Massachusetts and now in Shrewsbury, Central Mass offers co-ed teams to girls and boys ages 3-15. Our fall, winter, spring, and summer sessions have been established to teach the fundamentals of football through a focused approach to development. Flag football is a fun and safe sport, allowing all kids to be able to come together, learn football, and most importantly have fun!

For more information, please [click here](#) for the flier. Please feel free to reach out to League Director Rich Archer at [rich@worcesterflag.com](mailto:rich@worcesterflag.com) and/or Assistant League Director James King at [play@centralmassflagworcester.com](mailto:play@centralmassflagworcester.com).

## **2. Please Note – Shrewsbury Youth Soccer Spring Season**

Registration is still open for the Spring season for all Shrewsbury Youth Soccer in-town teams, pre-kindergarten through grade 4. Our season is scheduled to start in early April and will run through the end of the school year. Please [click here](#) to register.

If you did not register in Fall 2022, we have migrated our registration system to Sports Connect. Some important points for registration:

- If you do not currently have a Sports Connect account, you will have to create one and add each of the players you would like to register.
- You do not have to upload a birth certificate.
- If you are ordering a travel uniform, please be sure to select the corresponding fee buttons under Additional Registration Information.
- The Fan Wear Clothing Store that Sports Connect forces you into at the end of the registration process, much like an amusement park where you are dropped into the souvenir shop at the end of the ride, does not offer the travel uniforms. They have to be selected at the top of the registration form.

## **3. Please Note – Shrewsbury Little League Challenger Division**

The Challenger Division is a separate division of Little League designed to enable boys and girls with physical and intellectual disabilities to enjoy the full benefits of Little League participation in an athletic environment structured to their abilities. Playing with the same equipment on the same fields, Challenger Division participants can experience the joys of pulling together as a team, being cheered, and earning awards for their achievements. Registration is free and open to ages 5 and up. Learn more [here](#).

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