

# YOUTH FOOTBALL FREQUENTLY ASKED QUESTIONS

# SHREWSBURY YOUTH FOOTBALL & CHEER ORGANIZATION

**f** @ShrewsburyPats - www.sayfco.org

# 1) When does the season start and end?

Typically the season will start the first week in August and playoffs end first week of November.

### 2) What equipment is supplied?

SAYFCO will supply helmets, shoulder pads and uniforms. Players will need mouthguards, cleats and a practice jersey. Equipment handouts begin in early July.

## 3) When do we practice?

Practices are held at Sherwood/Oak Fields. Until school starts, we practice 3-4 days a week. Once school begins, practices move to a 3 day a week schedule announced by the coaches and teams will practice at Dean Park.

#### 4) When are games and do we have to travel?

Games are on Saturdays or Sundays with home field games at Oak Middle School. The game schedule is typically released by Labor Day and travel is usually no more than 30 min.

#### 5) Are team rosters based on age or grade?

Teams are based on grade. Tiny Mites (Grades K-1 - Flex Only), Mighty Mites (Grades 2-3) and remaining grades have 1 team per grade level through 8th grade.

#### 6) What do I need to register my child?

Physical, report card and registration fee. Reg deadline is June 30 and fees increase May 1st.

#### 7) Can I help coach?

Parents interested in coaching may fill out an application at registration. We can always use good coaches to help develop our children.

#### 8) Are there tryouts?

No. Every child that registers will be placed on a team.

# 9) What if we have a vacation scheduled during practice time?

Go and enjoy yourself! Football will still be here when you get back. We just ask that you let your player's coach know which dates you'll be gone as soon as possible. With that said, if you have any flexibility, please try to schedule around football - especially in August - so your player can meet conditioning requirements.

